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Enduring

Take a stone in your hand and meditate on it or use the stone surface pictured on the card. Go into the stone. Experience her quiet soul. The stone welcomes your visit. Let her experience the inside of your heart. See how you are each an enduring mirror for the other. You are everywhere, mirroring everything. The stone absorbs you, and you absorb the stone. How can you be alone if you are part of everything? You are the totality of enduring existence. Therefore, nothing in existence can upset you. ("Endurance" card, The Power Deck.)

A time of change and letting go

Summer is waning, that time when all that blooms is transforming itself, changing and letting go. Summer is a time of mirrors. It is a time when you take action, and yet remain still within your being. These mirrors celebrate your reflection and teach you what is needed to complete the cycle of seasons in the fall and winter. The end of summer is the fulcrum balance point for the seasonal year. In the fall, it is a time of gathering, a time of great beauty, and a time of change and letting go. So often we are terrified of change, not only because of the mystery of the unknown but because change implies letting go of what we do know and what we have always held as a kind of security in our lives. Even bad habits can provide a kind of security.

**Only God is the source, and like the mirror we are
mirror images of God.**

Ani said to me, "Reflection is a beautiful word, don't you think?" She had given

me a small shield which caught the sunlight with its mirrors, and I was examining it as we talked. "Reflection means thinking about things in the past or the future. To reflect does not necessarily mean to think about things that really exist. Reflection could also mean a mirroring, yes?" "Yes," I said, wondering what she was getting at. "This shield is a mirror for the sun. Now you see the sun reflected in its face and now you don't." I held the small shield up to catch the sunlight, then a cloud layer moved over the hills and the sun was obscured from sight. "There, you see, let the sun go away. It has moved behind a cloud. You are attached to the sunlight, the same way you are dwelling in the past. "Look into the mirror," she commanded. I looked into the mirror and saw my face. "Has the reflection of your face changed this mirror one bit?" "No" I answered. "Has the mirror changed or altered because it once reflected the sun or even the face of God?" "Well, no." I said, bewildered. Ani reached for my camera and snapped a few pictures. "The film in this camera clings to your image, forever obsessed with you. The mirror reflects your image now, but it is different from the film that also reflects your face. The mirror is not obsessed with the past like the film. It reflects life, whatever is put in front of it. When that reality shifts and changes, the mirror is left unchanged. It simply sees the new reality. It sees me, does it change me?" "Yes, perhaps," I answered. "That's right. Mirrors can change us greatly, because they enable us to see things that we may not have noticed. But remember this, the mirror never changes. The mirror is the sacred witness to everything that chooses to be reflected within its sphere. It has much to teach you. "Lynn," she continued. "To become enlightened is to become like a mirror. If you have reflected the sun and the sun sets, you can happily reflect the moon. We leak most of our power by the attachment to the images we reflect. We are like the film in the camera. If we become a famous healer in our life, we become a healer, not a woman living her medicine who happens to have developed the gifts of healing. It is the same for everyone - bankers, doctors, housewives. We never see who we are. We are obsessed with our own reflection." "Is the mirror the source of our reflection?" I asked. "Only God is the source, and like the mirror we are mirror images of God. The mirror enables us to understand the nature of ourselves, of God. That is all. It is a sacred tool, a device for reflection, just as this physical body is a sacred tool or device for the process of enlightenment into the higher realms. Our physical existence provides mirrors for learning. The mirror is part of the teaching."

The Seasons of Mother Earth are a great teacher

The seasons of Mother Earth are a great teacher, showing us that there is a time to plant the seeds of new life and nurture them into existence, a time for full bloom, a time to harvest and look at what we have created as we reflect on where it has taken us in our lives, and a time to move within to dream into

existence the seeds for the next part of our journey towards enlightenment.

Great Spirit, whose voice we hear in the winds and the trees, Mother Earth, whose breath gives us life: Help us to walk in beauty and strength and to learn the lessons that are hidden in the stones and the trees and the waters of the sea. Give us the strength to fight our greatest enemy - ignorance. Great Spirit, hear the sounds of our grateful hearts, and help us to find the wisdom and joy and power that is locked within each of our souls. We are the reflections of you, Great Spirit. Join us on our path as we join you for all the days of our lives. ("Prayers from the Heart", Walk In Spirit: Prayers for the Seasons of Life.)

In Love and Spirit,



I had the most magnificent life being the daughter of Lynn Andrews that anyone can imagine. From the day I was born until now, I have the most amazing memories and lessons, and experiences with my mother that I am forever grateful for. I just wish to say hello to all that knew and loved her and wish to

help carry on her memory and legacy with me. I welcome your suggestions.

I thank you all so much for your love and support of my extraordinary mother Lynn Andrews. I will forever remember all the wonderful messages and notes of gratitude and love. I loved reading how my mother changed people's lives for the better with her teachings of the Sisterhood of the Shields.

I look forward to the journey!

With love and light always,
Vanessa



Lynn V. Andrews was a change maker, a shape shifter, a weaver of stories, a mother, horse woman, a teacher, friend, human. Lynn's gift was true thought, the depths, a vision eye, exploring into worlds unseen, the ancient and legendary dreamtime, and helping others balance the workaday world with the world of spirit. Lynn loved Los Angeles, Hawaii, the desert, traveling the world. Lynn loved poetry and art and earth-based traditions from different corners. Lynn Andrews was of the heart, is of the heart, as her books live on, as teaching stories, adventure tales, mysteries of mysterious, hidden, powerful women shamans.

As the amazing shaman woman that she was, passed at a time that was significant for her and all of us, at 4:44 PM on 8/17/22.

Lynn loved to laugh. Lynn has been, and is, a wild spirit of the ages. We who have known her feel lucky, grateful, blessed. Read her books, find your own path, let Lynn and her beloved Sisterhood Of The Shields guide you. Lynn is nearby in the faraway.

-- Jack Crimmins

LYNN V. ANDREWS

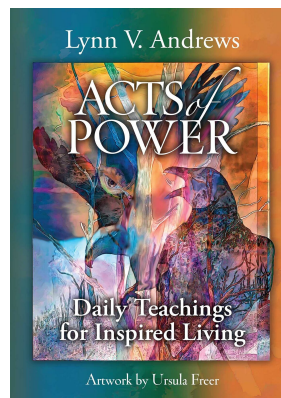


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Featured Graduate

Meet Sandra McTeague



In my ministry, I create a safe environment for one to melt away barriers and open to one's true path of Heart. I am able to encourage one to dive into the magic, joy, and beauty of life. By traversing new landscapes, new thoughts, and new ideas, one has the potential to know their personal truth and claim it.

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Website: (*coming soon*) SandraMcTeague.com

[Learn More About Sandra](#)

Lynn's Radio Show; "Kindred Spirit"



This month we will be featuring a memorial show for Lynn Andrews. Save the date:

September 27th, 2022

Tuesday

9:00 – 10:00 a.m. (Pacific Time)

Hosted By: Vicki Dobbs

Now you can listen to previously recorded Lynn Andrews radio shows commercial-free any time on the new [HRN radio](#).

[Kindred Spirit Radio Show](#)

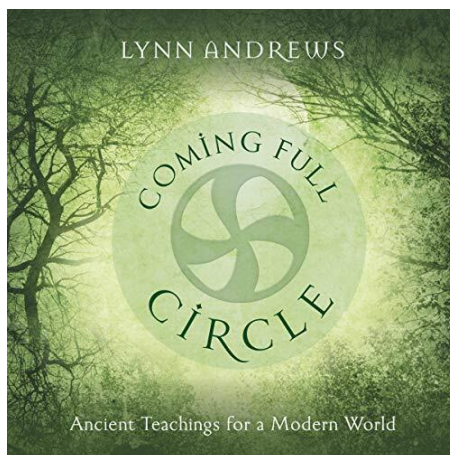
Shaman Mystery School Pre-Registration



The Pre-Registration Program for The Lynn Andrews Shaman Mystery School allows you to receive some incredible gifts. The \$250 is applied to your tuition for January 2023 for The Lynn Andrews Shaman Mystery School when you become an apprentice.

Pre-Register Now

Audio Books By Lynn Andrews



***Coming Full Circle* is available in Audio Book format.**

Coming Full Circle reminds us that there is no beginning and no end to the circle of life. In this time of great fear and confusion in the world, Lynn shows how her teachers have led her - and by extension all of us - to confront her deepest fears and accept without hesitation that there is a spiritual solution to

every one of life's problems.

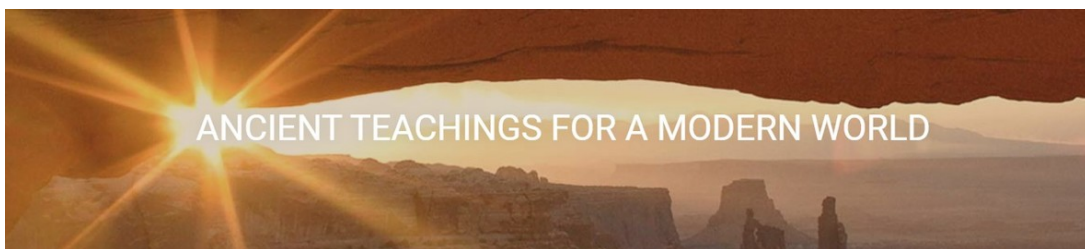
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