



SEPTEMBER 2019 • ISSUE 13 • VOL 9

Fall is upon us. Gathering is the inspiration of the moment.

Gathering of your flowers and your seeds and the leaves of the beautiful trees that you have grown is important **now**. They can be dried now to bring you memories to enjoy through the winter season. Wouldn't it be wonderful if your pain body would also hibernate during the fall and winter? But coming is the time of less distraction, so the issues of the shadow dweller will be even more pronounced. ***Now is the time to make a list of the experiences with anger and sorrow conditioning that you have not dealt with.*** Each time you make a list, you think you are finished but this is not the case. For with each new season, each new moon, each new equinox, a new perspective is given to you.



The perspective of the fall season is one of **collecting and developing your medicine bag of solutions**. For each aspect of the ego mind, the stressed pain body that you manifest in your emotions, it is wise to include something that represents beauty and joy in your medicine bag as well.

There is an aspect of completion here. By the end of the winter solstice, you should be at least clearly aware of what triggers your dis-ease. **For all the pain and suffering the people in the world have seen this year, we know the light is defining the darkness and is equal to its depth.** So take heart my friends and know that spirit is with you more than ever.



Give love and blessings for kindred spirits and for everyone who wishes to delve deeper into the mystery. We have been working on the shadow dweller pain body aspect in ourselves. Still the list of anger and difficulties in your early conditioning is not complete. **Please finish the list. It is so very important, and continue**

your quickening of soul that has been initiated into your life. You are doing so very well and I love you so very much.

In Light,

A handwritten signature in black ink, appearing to read 'Lynn', is written in a cursive style.

Join Lynn @ Awaken Conversations Within!



Debbie Gibbs

"The 8th Wisdom Keeper"

Hosts

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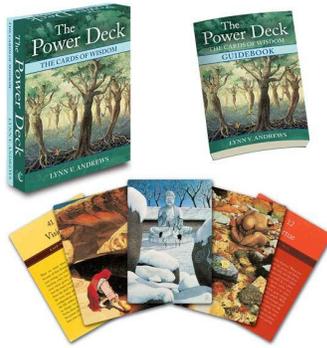
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Kindred Spirit Radio Show



With Host Lynn Andrews

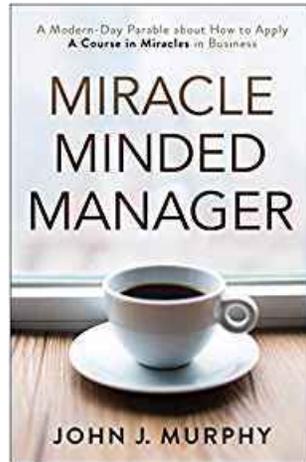
On HealthyLife.net Internet Radio

Tuesday

September 24, 2019

9:00 – 10:00 a.m. (Pacific Time)

Lynn's guest: **John Murphy**



In September, join Lynn on her monthly Radio show as she interviews John Murphy, author of "*Miracle Minded Manager*". Together they discuss his book and talk about how miracles can help you manage your life.

About the book... Jack MacDonald, CEO of TYPCO, is trying to transform his company. He's hit a roadblock with unhelpful and defensive direct reports and ingrained systems of doing business that no longer serve. Unsure of how to continue, he turns to business consultant Jordan Mckay, who has helped Jack with management challenges in the past.

Jack is surprised that instead of suggesting practical business tactics, Jordan encourages him to adopt *A Course in Miracles* to open his mind and let go of ego. Though at first he's reluctant, Jack and his wife Judy begin to follow the Course. The results are life changing.

Yes, the Course changes his mindset about solving TYPCO's problem, but Jack finds transformations occur in all areas of life: from family relationships to his daily stress levels. And it's right there to serve him during one of the most personal trials of his life.

Readers will learn along with Jack, that miracles spread across all areas of life, if only we open ourselves up to faith.

Listen Live or Later on the Podcast click below.

Kindred Spirit Radio Show



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