



INSPIRIT NEWSLETTER

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SPRING NEW MOON, A TIME OF CHANGE!

I find that when we are about to move into shift and change that we run headlong away from the change.



Image by Gerd Altmann

Change presents uncertainty. Change provides, however, an opportunity to explore the unknown. What is it that you are running away from? Deep within the souls of most of the people I see today there is fear that is so primal, because

unconsciously we know that if we don't change the way we consume all of the gifts of Mother Earth and this life, that we won't survive. How do we change this? *By remembering who we are.*



Meditate on your god or goddess self in this new moon time - a time of spring. What are those seeds that you have sown? Are you afraid to see them bloom? What are you running away from? And HOW are you running away from it?

Consider: **What is the drama that you are creating and how would you live without it?**

Name three things that you can do to change your drama.

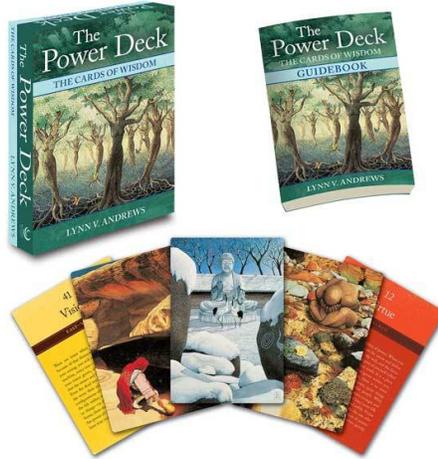
Name three things that are bright on your horizon.

Journey into your dreamtime where you will see a production of your drama enacted. In Act I, it will play out as it is currently. Act II will play your drama with the three changes made and the three bright things added. What emotions does Act II evoke compared to Act I? What is the lesson for you?

Inspirit,

A handwritten signature in blue ink, appearing to read "Lynn".

The NEW POWER DECK; Cards Of Wisdom!



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"To heal the earth, we must first heal ourselves."

~Lynn Andrews

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30th ANNUAL SUMMER GATHERING (JT) 2019



Join Lynn & the Sisterhood!

Thurs, July 25 - Sun, July 28

Chapel Rock, Prescott, Arizona

We have been gathering since 1989. Don't miss out on the fun!

We invite all, first comers and everyone that ever shared in this spring gathering, Mystery School Students and Kindred Spirits to join us. Prepare to be lifted to new heights of consciousness and most importantly feel your heart and entire being expand with unbelievable Joy. "I look forward to meeting you there with great anticipation." ~ Lynn

Registration Info for JT

Lynn Andrews' The Shaman Mystery School



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Have you ever dreamed of becoming a writer? Is there a Story inside you wanting to be born? Find Your Voice. Discover the book within You.

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Kindred Spirit Radio Show



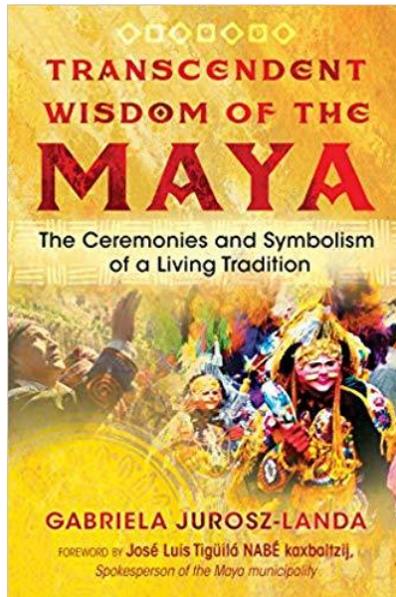
With Host Lynn Andrews

On HealthyLife.net Internet Radio

**Tuesday,
April 23, 2019**

9:00 – 10:00 a.m. (Pacific Time)

Lynn's guest: **Gabriela Jurosz-Landa**



Join Lynn on her monthly Radio show as she interviews Gabriela Jurosz-Landa, author of "*Transcendent Wisdom of the Maya*". Together they discuss her book and ceremonial shaman practices.

Offering an insider's experiential account of ancient Maya spiritual wisdom and practices, initiated Maya shaman-priestess Gabriela Jurosz-Landa opens up the mysterious world of the Maya, dispelling the rampant misinformation about their beliefs and traditions, sharing the transcendent beauty of their ceremonies, and explaining the Maya understanding of time, foundational to their spiritual worldview and cosmology.

Gabriela, an anthropologist, details the initiation process she went through to become a Maya shaman-priestess in Guatemala, including rituals, prayers, the presence of numinous forces, and the transmission of sacred knowledge. She explains the spiritual wisdom of the Maya calendar as a living entity, its cycles of time, and the significance of "the counting of the days," which helps keep time itself alive. She examines Maya spiritual and cosmological concepts such as how the universe is shaped like a triangle over a square. She reveals the profound power of dance in Maya tradition, explaining how ritual dance halts the flow of time, reactivates primordial events, and captures vital energies that keep the Maya spiritual tradition vital and alive. Exploring other Maya secret knowledge, she also details Maya ritual attire, Maya future-telling with the calendar, the reading of the Tzi'te beans, and how the Maya communicate with ancestors through the sacred fire.

Listen Live or Later on the Podcast link below.

Kindred Spirit Radio Show

LYNN ANDREWS

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