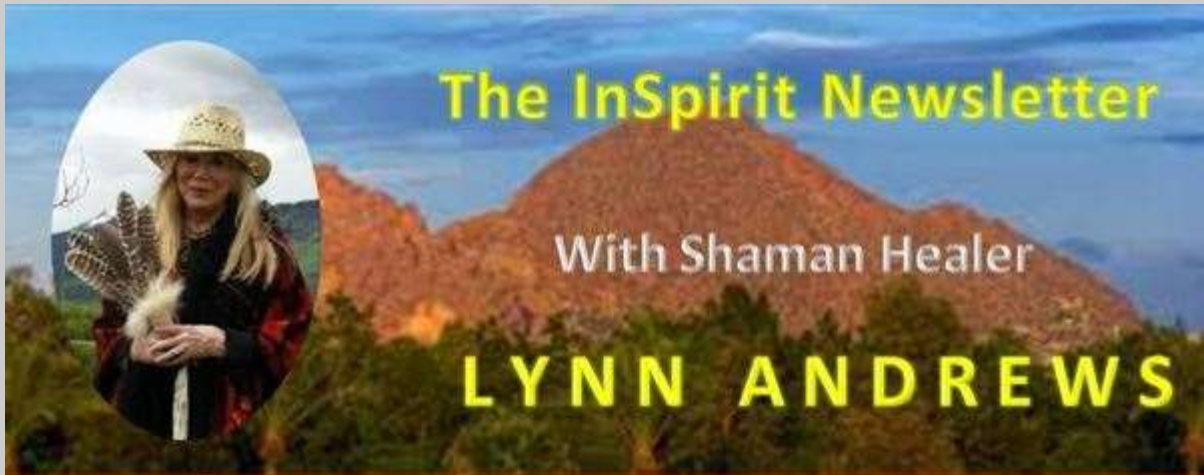




Lynn Andrews
Ancient Teachings for a Modern World

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September 2016 - VOLUME 10, ISSUE 9

My Dear Friends

I remember sitting one day with Agnes Whistling Elk, talking about energy. She told me that I had the power to change the wind – and in fact I already knew how to do it. I was surprised.



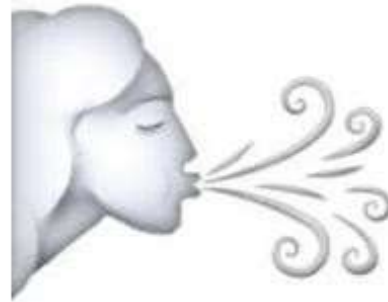
She asked me, *"Haven't we spoken many times about energy, both personal and outside ourselves? All substance is made out of it, is it not?"*

I agreed.

"Don't you remember that energy is a tracker following thought?" she continued. *"There are many roads to walk, many ways, many philosophies, many religions. But the path of the warriorress, the path of the magician or medicine person, is an energy path of heart. Women move energy out from their center. The first part of their lives is so often spent taking*



care of family or other people. But a woman, no matter where she is in the world, knows that she does not surrender to this outpouring of energy. She may appear defeated in this male-oriented world, but she is only gathering more power in her humble stance. There is no more fierce warrior than a woman who has learned to change the wind. For if she can change the wind, she has learned to change the direction of her own thoughts, or to still them altogether. This is a quiet, contemplative thing. The circumstances in her life lead her toward her own inward power. The alchemy of moving energy from outer to inner is the alchemy of enlightenment."





What direction is the wind blowing in your life? Are the events of your life blowing you every which way, or are you able to control them, control the direction in which you move, so that even when you are feeling nearly overwhelmed with the demands of the world, you are able to keep yourself moving toward your own inner power?

Shakkai once told me, *"Life is a great game and a dangerous one and a fatal one. It is a game that is painful for all of us. It is not easy to be human, and we*



have all chosen this game so that we may learn, so that we may grow into varying stages of enlightenment."



Agnes told me the same thing: "We come into this earthwalk for only one reason. This turtle island is a great schoolhouse. We have chosen to come here only to become one with the Great Spirit. In your words, to become enlightened. Yet it's the one thing we're most afraid of. You come here like everyone else. Like an ice cube trying to melt into the all-surrounding ocean of enlightenment. But how do you do that? You come to a teacher. And that teacher holds up a mirror. And if you're willing to look into it, the mirror becomes like the sun and you begin to heat up. You begin to melt into that ocean."

What are you doing to change the wind in your life? Are you willing to look into the mirror and heat up, to change your life in a way that will lead you towards your truest destiny?

Each of us is seeking our circle, our tribe, that place in the world where we are seen and heard and loved for just who we are. I found my circle in



the Sisterhood. And together we have opened our hearts, our arms and our circle to include you. It was during the time I wrote about in Spirit Woman that I truly found kinship. I wrote: *"My mind followed a labyrinth of symbols, images, and primeval ideas, each somehow more fascinating than the last, yet behind each a terrible, aching loneliness. How few people ever surrender to a feeling of love, know it, breathe it. And now out of that dark, karmic wheel, a bridge was being formed. I knew from that moment forward I would always know my kinship with these women. They were my sisterhood. I had found my circle."*





I invite you to step into a greater understanding and knowledge of yourself, to strengthen yourself spiritually as well as physically, emotionally and mentally. You **can** change the wind, change your life in astounding ways, if you are willing.

This is the time of year when we open the Early Registration Program for those who wish to join my Mystery School. This four year program was designed and brought to life by the Sisterhood,

helping me with every aspect of it. This is your opportunity to give yourself an amazing gift of embracing your own beauty and healing the wounds that hold you back in your life.



Join me this December in Hawaii as we explore "***Dolphin Dreaming; Re-imagine Your Life***", **November 30 – December 4, 2016**. Together we will bring new energy into our vision for our own life, as we bask in renewal and rejuvenation on the Big Island of Hawaii. This year is going to be so special!



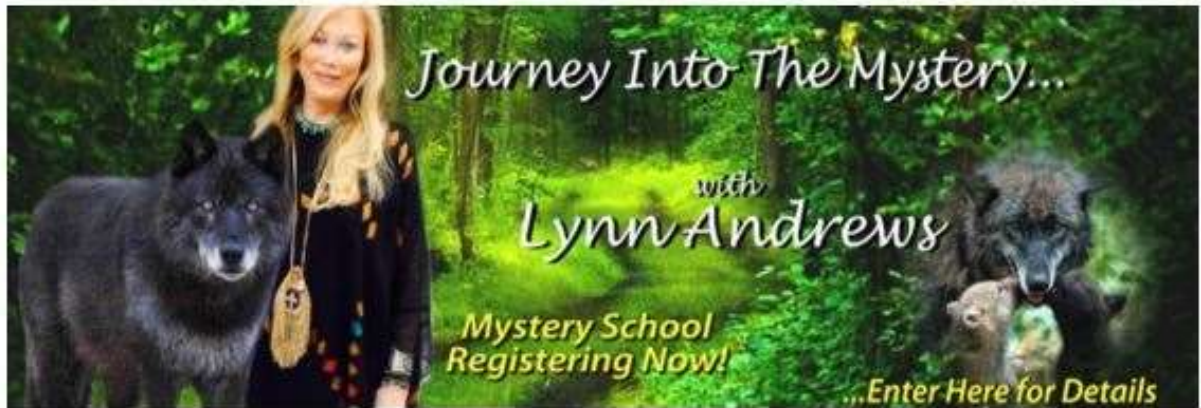
My new Online Course will begin registering September 30: "The Lodge of Forgiveness: Stepping into Shamanic Power." This is the final course this year, and is created in a way to help you truly step into the beauty and power of Forgiveness, a shamanic power we use to truly shift the direction of the wind in our lives. We begin with forgiveness of ourselves, and explore what forgiveness means to a warrior on the path of heart.



Looking forward to 2017? Look into "***Writing Spirit, the School,***" and discover how to control the wind by expressing your truest voice. Registration will be open soon for next year's first session in January!

I offer you this Circle, my Circle, as your home, your family of choice, your tribe, your place in the world where you will always know your kinship. Your decision to join us makes me so very happy.

In Spirit,



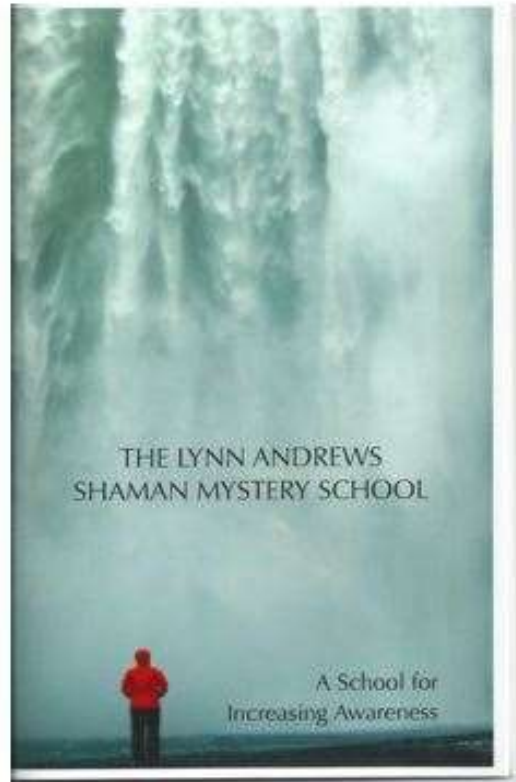
The Lynn Andrews Mystery School is designed to assist women and men to increase awareness of their potentials and of how they become who they are. It is

transformative. The program incorporates spiritual and mystical teachings found in Lynn's books which include spiritual concepts from many cultures and countries, for example, Native America, South America, Australia, Tibet and Japan, among others.

The program is accomplished mostly at home. Apprentices work with Mentors who are graduates of the program, as well as with Lynn. Regular contact is maintained via telephone and internet, and, if convenient, personal meetings are welcome. All Apprentices meet together twice a year for teachings and meditations and to share experiences. In 2017, these meetings will be held in Arizona.

As you begin to explore and apply shamanic teachings, you learn positive strategies to remove stress in your life and create a new emotional freedom. You discover the ancient teachings of the Feminine Divine and learn how to heal and integrate both your Sacred Masculine and Sacred Feminine Energy Shields into wholeness. Through sound, action and intention, you heal the energy centers of your body – your heart, solar plexus and chakras. This is a joyous journey, one I want to share with you.

[Learn More and Register Here!](#)





Dolphin Dreaming: Re-Imagine Your Life

With Shaman Teacher and Healer
Lynn V. Andrews

December 1st – 4th, 2016
Mauna Lani Bay Resort - Big Island, Hawaii

www.lynnandrews.com

Is your life as fulfilling and magical as you want it to be? We work so diligently at improving ourselves, at creating the life we both desire and deserve, a life of joy and purpose. How often we find ourselves standing at yet another crossroad, wondering which path will help us to re-invent or re-imagine our life once again, to fill it with magic and love. Or maybe, you have given up on having a magical life.

If you do not believe in magic, your life cannot be magical, so how do we connect with magic? We are all searching for a connection to magic, but because it is a mysterious and intriguing part of your spiritual life, it is impossible to describe, even as it makes your life extraordinary. When we believe that we can think up magic, when we put our brain in charge of seeking out the color and strength and beauty that magic imparts in our life, we become frustrated and as we try to hold it and name it, we lose it. Magic is an aspect of our spiritual connection, it is an important part of our life as a Shaman.

Creating a Life of Intention: Shamanic Living in 2016

2016 Online Course Series:

- "The Lodge of Awareness"
- "The Lodge of Joy:"
- "The Lodge of Connection"
- "The Lodge of Forgiveness"



The Lodge of Forgiveness: *Stepping Into Shamanic Power* October 28 – November 25, 2016

Registration will open October 1

The world today preaches victim consciousness. We are encouraged to be bound by the tyranny of attachments, beliefs, and a limited world view. Fear is the tool used to divide us, and to move us away from our own intrinsic power. As we allow this litany of information to affect us, we step into the briar patch of feeling the narcissistic and anxious effects this has on us as it separates us from Love.

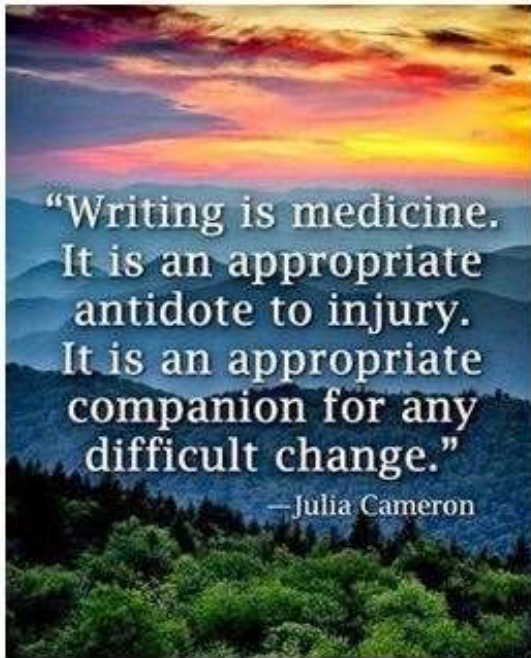
In this course, we will step out of that briar patch, and begin sowing the seeds for our inner garden of love and forgiveness that will allow our souls to bloom and grow in beauty. We will weed out old conditioning and self-limiting beliefs that block us from the true power that forgiveness of self and others always holds. And we will journey into the landscape of Shamanic Power that is available to us when we accept forgiveness and begin living with intention and awareness.



“The writer’s soul is where my passion and curiosity live.”

The Sisterhood of the Shields and I chose this portal for those of you who feel compelled to write, to be authentic, to express the voice of your creativity. The gateway is still open! The school is *crafted with shamanic energy, choreographed to move you “into and out” of yourself using writing as your tool for divination and discovery.*

It is not about *how* you write, or *what* you write, *it is about finding your Writing Spirit,*



“Writing is medicine.
It is an appropriate
antidote to injury.
It is an appropriate
companion for any
difficult change.”

—Julia Cameron

your creative soul, that matters.

As you write, you will uncover blocks to finding your own story, your soul’s song, and allow the *joy* of manifestation; your inner essence, to fill you.

Exploring the *depth of your talents* through writing is a beautiful way to awaken your joyful soul.

Writing is a marvelous way to absorb the mystery, understand and translate it, and live within the essence of the magic that is...

Living in the joy of your original nature!

Register Now at:

www.lynnandrews.com