

April 2016

My Dear Friend,

Since I last wrote you, Spring has begun for many of us, new growth popping up, spring flowers emerging, leaving Winter as a memory. Time seems to be flying past us, doesn't it? And many of us changed our clocks, "Springing Forward" into Daylight Savings Time – manipulating time in a sense, changing our relationship with the sun to better suit our needs. We think we have power over time, but is that merely an illusion? Time is powerful, and it seems like we bow to its power over and over.

What is time that it has such power to change all that exists back into dust? What is this unseen force like the wind that can shape the land and our lives? Time is surreal. It seems to be unchanging, and yet a person of power knows how to arrange time. Put on your watch and be aware of the time at which you do everything. Watch the sun, the moon, the transit of the stars. Find out the time that Venus is lowest in the sky before dawn. Be aware of your cycles – when you get hungry, when you sleep. Our society is obsessed with time. So now become time. If you're obsessed with something, it is better to explore it than to deny it. Then it is possible to give up your obsession and let a concept like time take its proper place in your life. Your power depends on your use of time.

Whenever your spiritual journey, your yearning and exploring takes you up against the edge of the unknown, it is then that you must continue to explore your deepest being for the most simple and obvious answers that have probably always been there for you. But we as human beings want to complicate our lives. We think that the truth is not worthy if it is not full of words that are hard to understand or are obscure. If there are formulas that are complicated and difficult to understand, we think that they are meaningful. We do this to ourselves all the time. We complicate the journey toward enlightenment by adding more knowledge, by adding technocracy, by adding confusion, when in actuality it is a process of stripping away. It is true; you do have to know things. You do have to communicate with others. We need to use the language as perfectly as we know how to use it, explicitly, with subtleties. Then again we return to the simplest of forms. This is what our journey here together is about.

Eventually, in all things, perfection is finally achieved. Not when there is no longer anything to add, but when there is no longer anything to take away – when a body has been stripped down to its nakedness. That is certainly the process of shamanism, of sacred endeavor, and the work that we do together -- the work of higher consciousness moving towards self-realization. It's not the adding on as I have said so very often to you. It is the process of stripping away.

So when we do an event like Joshua Tree or take part in the Mystery School or the Writing School, when we sign up for the Online Courses, what we are doing is looking over and over again from different viewpoints, from different perspectives, at aspects of ourselves to see those things that we add to veil the truth of our being -- cloaks that drape us and somehow protect us from the truth. When in actuality it is truth that we are trying to express.

I'm sure that you have all had this experience in some way or another -- that moment when truth is easy to find and easy to express -- when you move into a place of creativity that is beyond anything that you have experienced. You have a moment perhaps, an opening. It's like a vision, and a voice speaks inside of you. And a great truth comes out of your mouth, or out of your hand onto the written page, or onto a creative work of art – a painting, a piece of music. Those are wonderful moments where you experience your godness, that place of pure creativity and spirit. It's not an adding on of knowledge. It is a stripping away. It is a refining of the curve to its essential beauty.

Ernest Hemmingway did this with his writing so very, very well. He stripped away the words that were superfluous until only a sentence of purity and clarity remained. We are doing that with the spirit. We are first defining the energy knots within our meridians and flows of energy. We are then untying them, hopefully. We are moving through our fears over and over again from different perspectives. But I want to do this through the process of experience. I want you to have this experience as much as you possibly can. That is why it is so important that you join me in this work, why I want so badly for you to come to Joshua Tree. When we can come together in a physical way, I can give you the opportunity to have that experience.

If we work on a visualization, if I send you out into the desert to do different practices, ceremonies, rituals, it's all about experience. I want YOU to have the experience. I can sit here and write to you until I'm blue in the face. And you can sit at your desk and read it. But that's my experience and my dream. How do I share that with you? I share that with you by trying to figure out ways that you can experience what I've seen. And always remember that you rewrite the book as you read it. When you have that experience, it'll be very different from mine. It will be your very own. No one else in the world will have that experience just like you have.

Through that experience, you yourself take away, strip away what is no longer needed for the work of art that you are. You are a magnificent collage of experiences, of inspirations, of creativity, and of flaws that reflect magnificent rainbows, gateways into the knowledge of your own self. Don't be afraid of your flaws. Remember in my book "Crystal Woman" when I'm talking with Ginevee about the sacred crystals, and we looked in the crystals for the rainbows, the reflections of light? The crystals with flaws gave off the most

reflection, and it was through those reflections which we called gateways that we moved into the crystal dreamtime. Remember? So don't be afraid of your flaws. Within your flaws are the secrets to your enlightenment – they're gifts for heaven sake.

We always try and cover up those weak places within ourselves. We always try and camouflage them, hide them from people we love because we think people won't love us as much. But that isn't the case at all. We really relate to each other and identify with each other in a sense through our flaws – not through our perfections. Because it's in the flaws that your humanness comes through and what do I mean by that? When I say your humanness, I'm talking really about the way that you reflect God -- the way that you reflect the highest being that you can possibly be, because if you're not afraid to look at your flaws, you're not afraid to learn. You're not afraid to grow. It's the people who are afraid to grow and change who are really honestly destroying the earth. And we all know that, so we're all here with a tremendous commitment to learn, to have experiences and to become more than we ever dreamed that we could be.

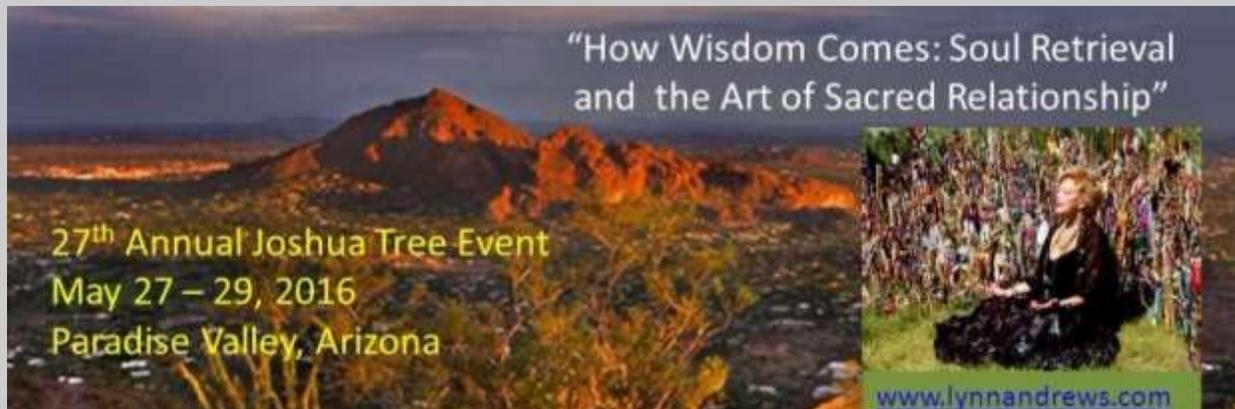
Remember that the procession of thoughts is what creates time. People have been asking me, what is time and how is time created? We create time in the relative world. This is the relative time space continuum that Einstein spoke of so beautifully, but he didn't take it into the spiritual realm. Had he been a spiritual man it would have been very interesting to see what he would have brought to us, because he would have realized and he would have told us that if you move into pure consciousness, time disappears completely. And if time disappears, mind disappears and death disappears.

Time is a very flexible phenomenon. When you are happy, time goes very fast. When you are sad, time goes very slowly, right? So there are two kinds of time: the clock time, which is totally separate from psychological time, which is within you.

What does all this mean? In its simplest form it means I want you to join me this year at Joshua Tree as we explore "How Wisdom Comes: Soul Retrieval and the Art of Sacred Relationship." We will step away from the demands of time in our daily life giving you space to move into the spiritual awakening that awaits you. It means that when you and I are together, we can move you from the acquisition of knowledge about Shamanism into the experience of the practice of Shamanism. It means that you can step out of time and into the realm of Divine Feminine Consciousness where Wisdom lives. We will strip away what is holding us back from being in Sacred Relationship with ourselves, with others, with our world and with Great Spirit.

This is a magical opportunity for you! Please, look at your calendar, and make time for this – give yourself this gathering as a gift, and I promise it will be one of those special times of your life.

In Spirit,
Lynn



27th Annual Joshua Tree Event

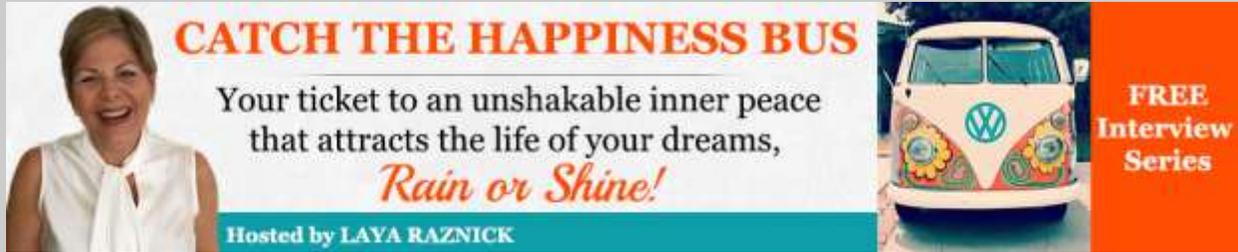
During this event we will experience kinship with different aspects of nature, and move deeply into our soul's history to find the message we chose for our relationships in this lifetime. Through teachings, meditation and guided visualization, we will:

- retrieve the pieces of our soul that we may have lost along the way.
- Explore new ways of creating relationship that will open our body-mind and heart, allowing us to experience boundaries with gratefulness and move into a state of joy .
- Create relationship with an aspect of Nature in a way that opens our shamanic heart in new ways.
- Begin to envision a new way to create a happy home through a shift in our relationship with Self and Others.

The reason that people keep coming back to this extraordinary gathering for all these years is that it really works! You enter the gathering through the Elk Pole Ceremony, dancing around our magnificent Elk Pole and tying your own ribbon to the Pole in a ceremony of joining and honor. As you do this, you empty yourself of the cares and woes of the everyday world so that you can be filled with something new and vibrant over the course of the next few days. You leave the gathering filled with so much more spirit and light, so much more energy, understanding and wisdom, than you ever thought possible when you arrived.

I invite you to join me, and I look forward to meeting you with great anticipation.

[More Info Here](#)



Catch The Happiness Bus

So many of us yearn to be happy – completely and authentically happy. But so often our sense of happiness is fleeting ... coming and going depending upon the circumstances in our life. We “put on a happy face” to mask our true emotions, and yet so many of us are secretly unhappy. Smiling on the outside and filled with worry and angst on the inside... all of which prevent us from experiencing the sense of deep satisfaction, joy and peace that CAN be the foundation of our life, every day.

Throughout this year, I have been asking you, “If not now, when?” There comes a time in everyone’s life when they have to decide if they want something different than they have now. Most people allow circumstances to dictate their happiness. But no matter who you are, you’ll eventually have to make a new choice if you want things to change.

That is why I accepted the invitation to be a part of this Interview Series called **Catch The Happiness Bus: Your ticket to an unshakable inner peace that attracts the life of your dreams**, a free virtual interview series beginning Monday, April 25th bringing together 25 experts (including me!) to share our best tips on how to live your most fulfilled life. Laya Raznick is our host, and each day she will interview wonderful people who are attuned to finding happiness in life, committed to the understanding that a smile can be an authentic representation of what is in your heart and soul, not just a mask. Laya has been a leader in the field of health for over 35 years and has made it her mission to guide others to connect more strongly with their life-force and align with their higher sense of self – leading to a satisfaction and happiness that is not dependent upon the changing circumstances of our lives!

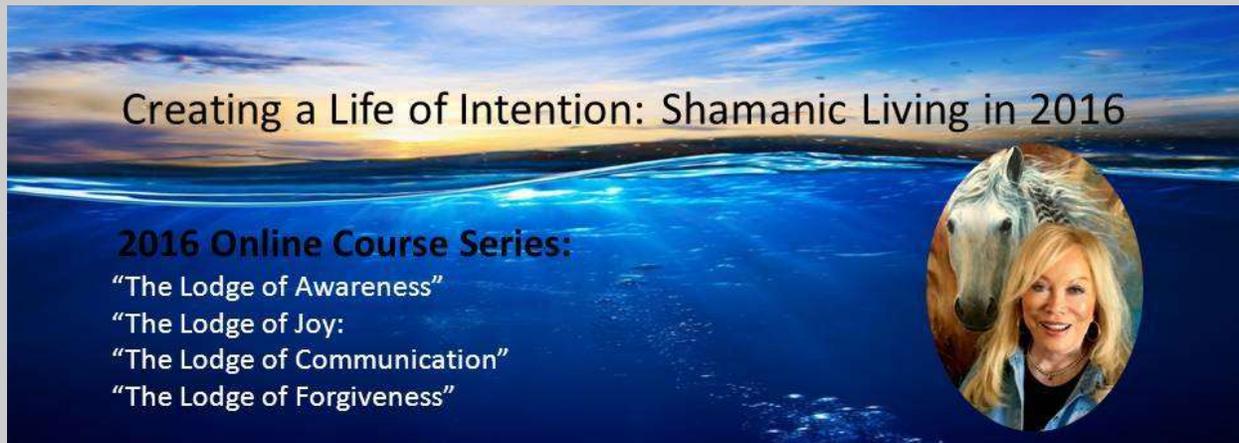
[Yes! I’m ready to feel Happier Every Day](#) <<< [Sign Up Here](#) – It’s FREE

When you go to the link above and join us for this powerful interview series, you’ll hear real stories of transformation from struggle to joyful freedom; you’ll learn practical strategies for creating powerful paradigm shifts that will help you tap into your foundation of joy – and stay there. You will discover how to:

- Find your current happiness set point, so you can re-calibrate to feel better – instantly.
- Use simple, effective practices you can put into place right away to boost your mood, at any time.
- Connect, and stay connected, to a constantly available source of happiness and satisfaction that is not dependent upon the circumstances in your life.
- Utilize that unshakable satisfaction and joy (that is available to everyone) to attract the life of your dreams.
- Plus, you’ll receive gifts and resources designed to assist you on this incredible journey of happiness

[Deep, Lasting Happiness Can Be Yours](#) <<< Join Us beginning April 25th

Happiness IS a state of being. Let's make it yours! If not now, when?



Creating a Life of Intention: Shamanic Living in 2016

2016 Online Course Series:

- "The Lodge of Awareness"
- "The Lodge of Joy:
- "The Lodge of Communication"
- "The Lodge of Forgiveness"

Writing Spirit - The School

Our first course of the year, "The Lodge of Awareness" is complete, and we are getting so excited about our 2nd course, "**The Lodge of Joy: Being a Light in the World.**" Preparations are underway, and registration will begin by May 5th, so be watching! You can get more information on my website:

www.lynnandrews.com



Writing Spirit - The School
With Internationally Best Selling Author
Lynn Andrews
Registering Now
Session 1 begins February 1st
Session 2 begins July 1st
*Please link here
for exciting details...*

Writing Spirit - The School

Have you ever dreamed of writing a book? Becoming a writer? Is there a book inside you wanting to be born? Enter into the power and majesty of your own Writing Spirit with New York Times best-selling author Lynn Andrews.

"You are a writer. Your act of power is the book or the story that you are creating.
It is now time for you to bloom." Lynn V. Andrews

In creating a written page of words, which are actually symbols that mean many unexplainable things, a truth is coming to you and to those who read your words. The synchronicities begin to happen without your noticing. You experience that you are not lost and that your eternal dialogue with whatever is divine to you continues no matter what.

Truth is found in the space between the words. In my Writing School, you will learn how to go into that space to find the kernels of truth you have planted through your own choice of words and ideas. So often we don't realize the full import of what we are saying until we've already said it. As you begin to stalk the truth between the words, magical and wonderful things begin to happen!

You find a new vibrancy not only in what you are creating but within your own sense of being. You awaken your whole self at the same time that you awaken your writing voice, giving you a powerful sense of urgency and confidence to your commitment to yourself. You find the creative spirit within you. As you nurture it to full bloom you truly begin to believe in your own talent and brilliance as a writer.

You will certainly feel shifted at the end of this magical journey. Experience the mystery of shamanism as you travel out of old shadows into the special light of YOUR Writing Spirit!

Let the magic begin!

www.lynnandrews.com



COUNCIL CORNER
Councils of the Whistling Elk

This month the Painted Pony Council of the Whistling Elk in Ocala, Florida, met and enjoyed sharing the energies of the Rainbow altar shawl bundle.

After our usual opening prayers and picking cards from the Power Deck we were blessed with the story of the Rainbow shawl and got to experience the love and spirit of the shawl as we each spent a few moments with it and the other items that travel with it.

Each person reacted differently when gently putting the shawl around them, with feelings ..ranging from electric jolts to warmth to lightheaded giddiness! As we looked thru the journals and shared some of the messages we felt so close to the others that had made entries and wanted to be a part of that as well as the red.

Now the sacred Bundle moves on its journey to the next Council. We placed our own messages in the journal and added a green aventurine heart, an anhinga feather and a small red bead from our altar to the bundle. We closed with a prayer for the Rainbow shawl, its creators and all the Councils as well as the Sisterhood of Shields and of course Lynn, that the web of light and love may continue to grow stronger and to be a bridge for us all.

Our hearts are full. Ho!



Members of the Painted Pony Council of the Whistling Elk in Ocala, Florida:
Aurora, Laura, Patricia, Breanne, Ashley,
Amanda and Pat

Note! The Rainbow Altar Cloth will be at Joshua Tree this year!