



FEBRUARY 2016

Vol. 10, ISSUE 2

[www.LynnAndrews.com](http://www.LynnAndrews.com)

MYSTERY SCHOOL

ONLINE COURSES

VIDEO WORKSHOPS

WRITING SPIRIT  
THE SCHOOL

COUNCILS OF THE  
WHISTLING ELK

BOOKS

**“Has it ever occurred to you that the human is teetering between two worlds of reflection? Touch the earth, for the mother is awake. The earth is alive and dreaming. Everything the human can think of has substance. There are no holes in your thoughts. The awake ones, the shamans can wander to the other side of the universe, beyond even the far-away. Here appears the rainbow door to the backward web of substance. If you invade that world, the beings there can give you any power you want. Most powers are too heavy to bring back... You came here through that door the moment you were conceived and you are sucked back through it the moment you die. That is where it is all given and that is where it is all taken away. You speak of substance. Listen, every substance, including my dreams, is my sister and my brother, and I recognize them and we live here gently.” [AGNES WHISTLING ELK, from “MEDICINE WOMAN”]**

My Dear Friends,

For many of us, we are in the season of winter, a time of darkness, cold and dreary days. It is a perfect time for hibernation, for Shaman’s Rest, where we pull back into ourselves to dream. We look at the land around us, covered in snow and ice, and we see what looks like death - gray, lifeless looking trees, standing bare, stripped of the beauty of their leaves. Grasses are brown and stubby, even the insects have moved out of our vision, deep into the earth. It is a time of struggle for the wildlife, searching for the meager food sources that might be available. Many birds have moved southward, knowing the warmth there offers them a hospitable place to spend the winter.

Yet, if we were to go and closely examine the trees and the grasses and the earth, we would find life humming through them, sustaining them, holding them in seeming stasis awaiting the return of the sun and spring. The earth is alive and dreaming, even as we see with our physical eyes what looks like death. If we are attuned, we can listen and hear the sap moving through the trees, slower now, but still moving. The grasses are holding their breath, awaiting a bit of sun and a touch of rain, ready to show their power of green.

We too are like the earth, teetering between the quiet of winter and the anticipation of spring, ready to show our power and beauty with just a bit of sun and water to nourish us. That is why, even as we rest, we must nourish our souls, feed it with knowledge and experience, allow it to sustain itself through this time of shorter days and cold nights.

For me, the quiet of winter beckons me to action. It is time to for me to work, to gather my teachings and put them into form, into substance that you can touch and read and absorb and experience. And because there are so many of you with differing needs and resources and desires, my teachings are offered to you in many different packages. Each one is carefully presented so that you can step through my rainbow portal, and find the one that will empower you.

***“Writing Spirit, the School”*** is just getting started, and offers you a magical journey into your own voice, a pathway to discover the story that is you, the stories that are inside of you. If you feel the pull to write, and are looking for a way to feed that desire, it’s not too late to join us. The fees have been adjusted to make this more affordable and attainable, and your spot is still open!

This year’s ***Online Courses*** are themed “Creating a Life of Intention, Shamanic Living in 2016,” and begin March 4th - 31st with ***“The Lodge of Awareness -Awakening our Shamanic Heart.”*** In this course we look at the resistance and belief structures that are holding us back from living a Special Life, from experiencing a life of magic in the mundane and beauty in the desolate. As nature begins to awaken from her slumber, you too will awaken your heart and soul in new and shamanic ways, bringing the divine within out into your light.

If you ever graduated from my ***Mystery School***, I want to invite you back into our graduate group, the ***Kindred Spirits***. We have new fee structures to make it more accessible and improved the program, offering you a new secret Facebook group for sharing and connecting, an opportunity to take courses at reduced fees, plus monthly teachings and calls with me, and so much more.

In April, I travel first to Regina, Saskatchewan on April 3rd for the Body, Soul, Spirit Expo, and lead a workshop on ***“Living an Intentional Life with the Teachings of the Sacred Wheel.”*** Then I go to Cameron Park, California on April 9th for an all-day workshop on ***“How Wisdom Comes: The Sacred Art of Communication.”***

In May, from the 6th - 9th, join me in Alberta, Canada for a ***Gathering of Writers in the Canadian Rockies***, as we discover the power of your voice and the written word.

Then, May 27th - 29th, we will gather for our ***27th Annual Joshua Tree***, this time in the shadow of beautiful Camelback Mountain in Paradise Valley, Arizona. ***“How Wisdom Comes; Soul Retrieval***

*and the Art of Sacred Relationship*” will offer you a beautiful retreat from the distractions of daily life as you immerse yourself in awakening to the wisdom you already have within you, and find a new wholeness as you strengthen your connections to others in new and magical ways. Join us for ceremony, meditations, and teachings from the Sisterhood of the Shields, as we work in circle, forming new friendships and cementing older ones, and ending our days together with a sacred and mystical ceremonial fire ceremony.

In August, we travel to *Scotland for eight enchanting days* to discover the sacred lands and do ceremony together in historically sacred places. Explore the magic, mystery and myths of this beautiful country, as we investigate the “*Arousal of the Inner Flame.*”

All of this and more await you. Are you ready to join me and discover your own rainbow doorway to a life of beauty and intention this year? Check my website regularly for updates to my **Calendar of Events**. I offer you so many different ways to work with me – this is the year for you to step into your power and live a life of purpose and intent. I am so blessed and honored to work with you.

Namaste,

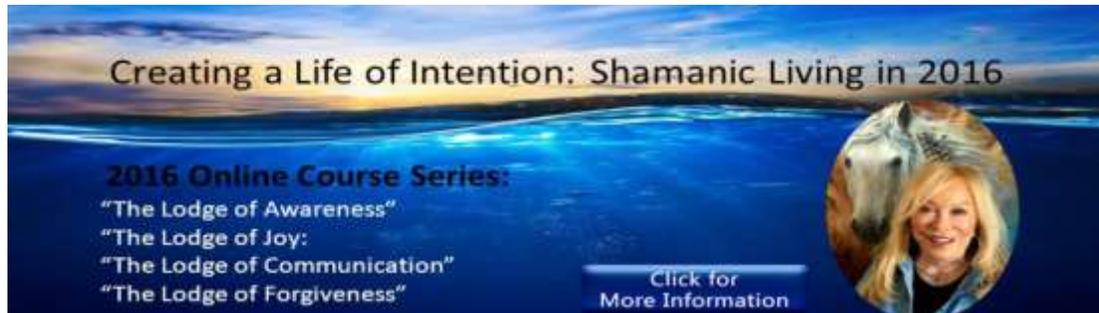


This two-year writing program is designed to awaken your creative soul and help you find and develop the writer within you. Crafted with shamanic energy, Lynn’s Writing School is designed to move you in and out of yourself using writing as a shamanic tool of self discovery and divination. The reading and writing exercises are direct and abstract, elaborate and “no frills,” just you and your pen (or computer!), writing from different angles,

different perspectives and best of all, discovering your unique point of view as a writer. It's not too late to join this session!

[www.lynnandrews.com](http://www.lynnandrews.com)

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**Online Course 1: “The Lodge of Awareness: Awakening our Shamanic Heart”  
March 4 - 31**

When we choose to begin living an intentional life, choose how we perceive the opportunities that the Universe offers us, and decide what blockages, resistance or addictions to release, we awaken our heart to Love and Power. In this course, I will help you to begin seeing your own world and its daily pressures from a Shamanic viewpoint. We will explore your own attachments and “stickiness” and see how these affect your relationship with Self and Spirit.

We will consider *spiritual risk taking, and the effects of laziness of the soul*, which usually is not apparent to anyone around you. Laziness of the soul happens when you give up responsibility for what you believe, or for shifting yourself and embracing the changes inherent in living a sacred life. The antidote to laziness is risk – not jumping out of plane or climbing a dangerous mountain. Spiritual risk taking has to do with living on the edge of your awareness, where you truly push the envelope of all possibilities that come to you.

We will begin to see how embracing the risk, proceeding to live from a place of passion, brings awareness that can permeate every aspect of our life as we

step into the Shamanic Art of Sacred Living. Through the creation of sacred art, we will manifest our deepest feelings in a way that is both healing and empowering.

<http://lynnandrews.com/online-academy-series-details/>



**“How Wisdom Comes: Soul Retrieval and the Art of Sacred Relationship”**

**May 27 to 29, 2016**

Held this year at the Franciscan Renewal Center, Paradise Valley, AZ

Join us as we open this event to the public at 2:00pm on Friday, May 27th with a sacred ceremony around our beautiful Elk Pole. For three days, we will join Lynn for teachings from the Sisterhood of the Shields on how to bring wisdom into our lives, experience a soul retrieval to re-unite the parts of our soul that have been lost, and begin to explore the beauty and power of the art of Sacred Relationship. We will end with a powerful and magical Sacred Fire Ceremony after dark on Sunday evening, so plan to stay over to Monday morning. Registrations open on February 26th, so make your plans today! Mystery School apprentices and Kindred Spirits, your day begins on Friday morning at 8:00am, so plan to arrive Thursday evening. For more information, visit us at:

[www.lynnandrews.com](http://www.lynnandrews.com)

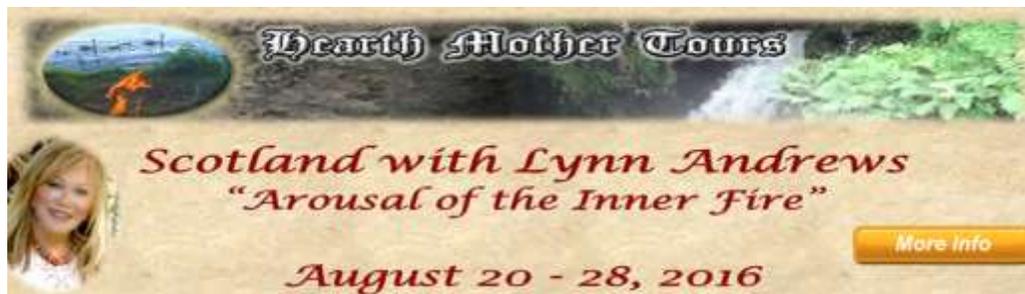


Have you checked out a Council near you? Every month Councils come together to share in the Sacred tasks and Teachings created by Lynn and the Sisterhood of the Shields, providing us with the Sacred space and opportunity to explore our Shaman selves in deep and often profound ways. Councils also provide the latest news regarding Lynn's workshops, trainings, and new book releases. From the Nova Scotia Council, we received this report:

*Greetings from the Nova Scotia Council of the Whistling Elk. Here is a photo of some of the members of our council. At our February meeting we had guest speaker Joan Smith (the lady with the leather fringed vest), a member of the Mi'kmaq nation. She is a member of a woman's drumming group called All Nations Drummers. She spoke to us about her culture and taught us some new drumming songs. She emphasized that Drumming is a sacred practice and women drummers in her culture wear skirts to honor mother earth. The skirt forms a hoop that brings up the energy of the earth as you drum. She noted that we could choose to wear what we wished in our council group, but if we joined in any First Nations (Canadian Indian) ceremonies we'd be expected to wear skirts. Members of our council were invited to drum for an event at the local Native Friendship Center in December. At the time, I did ask about whether we should wear skirts, but the organized said no need for a skirt. When I told Joan this she replied, "He's a man and sadly they don't all understand women's ways." We all thoroughly enjoyed the cross-cultural presentation.*



For more information on a Council near you, visit:  
[www.lynnandrews.com/councils](http://www.lynnandrews.com/councils)



You are invited to join Lynn Andrews in Scotland and be guided and cared for while experiencing the beauty, love and laughter of this land. This carefully planned journey will be full of fun and adventure as you explore

sites rich in ancient history and spirituality that have become part of the legends of time.

Lynn will assist you to learn the secrets of how to:

- Work with Mother Earth's powerful energies
- Restore feminine power
- Experience love at the highest levels
- Tap into a life without fear.

Begin planning now for this wonderful trip by visiting my website at:

<http://lynnandrews.com/magic-journey/>



## **FEBRUARY**

February 19 to 21, 2016, Friday thru Sunday, *Conscious Life Expo* at the LAX Hilton: "Opening Ceremony" by Lynn V. Andrews, 6:00 to 8:00 p.m. on Friday, February 19. **Private Consultations available** at the Expo. Learn more [Here!](#)

February 22, 2016, Monday, 3:30 - 5:30pm: Book signing and Workshop, *"Coming Full Circle"* at the Mystic Journey Bookstore 1624 Abbot Kinney Blvd., Venice CA 90291. FREE!

February 23, 2016, Tuesday, 9:00 - 10:00 a.m. (Pacific Time): Kindred Spirit Radio Show with host Lynn Andrews. Lynn's guest this month is

Itzahk Berry, *“Shamanic Transformations.”* Listen Live or to the Podcast at [“Lynn’s Radio Show”](#)

## MARCH

March 4 to March 31, 2016, 4-Week On Line Course 1 - *“Awakening Our Shamanic Heart: The Lodge of Awareness.”* Details and Register [Here!](#)

March 22, 2016, Tuesday, 9:00 - 10:00 a.m. (Pacific Time): Kindred Spirit Radio Show with host Lynn Andrews. Lynn’s guest this month is Blake Bauer, *“You Were Not Born to Suffer.”* Listen Live or to the Podcast at [“Lynn’s Radio Show”](#)

## APRIL

April 3, 2016. *“Living an Intentional Life with the Teachings of the Sacred Wheel – a Workshop”*. 4:00 - 6:00pm. Join Lynn at the Body, Soul and Spirit Expo, held at Evraz Place, 1700 Elphinstone St., Regina, Saskatchewan, Canada. For more information:

<https://www.facebook.com/events/821622081298254/>

April 9, 2016. *“How Wisdom Comes: The Sacred Art of Communication”*. 9:30am to 5:30pm. Join Lynn at the Spiritual Center for Positive Living in Cameron Park, CA. Details at [www.scpositiveliving.com](http://www.scpositiveliving.com)

April 26, 2016, Tuesday, 9:00 - 10:00 a.m. (Pacific Time): Kindred Spirit Radio Show with host Lynn Andrews. Lynn’s guest this month is Normandie Ellis and Nicki Scully: *“The Union of Isis.”* Listen Live or to the Podcast at [“Lynn’s Radio Show”](#)

## MAY

May 5, 2016, Friday: Registration Opens for On Line Course 2, *“Becoming a Light in the World: The Lodge of Joy.”* [Details Here!](#)

May 6 - 8, 2016, Friday through Sunday. *A Gathering of Writers in the Canadian Rockies*, with Lynn Andrews; Goldeye Center in Nordegg, Alberta, Canada. For more information, and for information on “Writing Spirit, The School” with Lynn Andrews, click [Here!](#)

May 24, 2016, Tuesday, 9:00 - 10:00 a.m. (Pacific Time): Kindred Spirit Radio Show with host Lynn Andrews. Lynn’s guest this month is Doug Heyes *“The Touch.”* Listen Live or to the Podcast at [“Lynn’s Radio Show”](#)

May 27 to 29, 2016, Friday - Sunday: *“How Wisdom Comes: Soul Retrieval and The Art of Sacred Relationship,” Lynn’s 27th Annual Spring*

***Gathering, Joshua Tree at Camelback Mountain.*** The Franciscan Renewal Center, Paradise Valley, AZ. Public Event begins 2:00 p.m. May 27th, through 10:00 p.m. Sunday, May 29th. Mystery School Event begins at 8:00 a.m. Friday, May 27th (plan to arrive in evening, May 26th.) Ceremonial Fire closes event on Sunday evening - plan to stay over. For more details, click [Here!](#)