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[www.LynnAndrews.com](http://www.LynnAndrews.com)

MYSTERY SCHOOL

ONLINE COURSES

VIDEO WORKSHOPS

WRITING SPIRIT  
THE SCHOOL

COUNCILS OF THE  
WHISTLING ELK


BOOKS

My Dear Friend,

As I look out across the landscape of life, I see so much opportunity just waiting for us to tap into it. We live in a time when the creative brilliance of the human spirit, combined with the technology we have, puts all of possibility at our fingertips. Think about this for a moment. Just look at the incredible opportunities that are there for us today. Life is filled with abundance, and it's all there for you to accept. So what is keeping you from it?

My teachers always say that modern societies are living in greater chaos and confusion now than at any other time in history. They say that humans were never intended to live in this kind of pressure. Yet here we are, and it is a chaos and confusion that we, ourselves have created, for we are the ones who have poisoned the air that we breathe, the soils in which we grow our food, and the waters that are the very source of life itself. We are the ones who have created and bought in the paradigm of perpetual warfare instead of harmony, creating weapons of mass destruction so powerful they are capable of wiping out entire cities in the blink of an eye. Will we use those weapons? That is a choice we will have to make. And yet, we find ourselves moving into fear, not making choices, not creating abundance. Why is that?

Fear is a trap that we fall into, and when we are caught in the grips of fear, we are unable to move forward. We are stuck in a place of negativity, and we have moments when love and power seem to be unattainable. When we are standing in fear, abundance cannot move into our life.



Have you ever fallen in love? You walk down the street and notice beauty around you; you find that people seem to notice you more. It's because the energy of love is radiating through you, and others are able to see or sense it. You glow in the dark, and people want to be next to your light. Abundance works the same way. When you are in a state of light, especially when that love is self-love, suddenly things seem to come to you. You feel like you're on a roll, and can't do anything wrong. Is it a coincidence? I don't think so – in my experience it's because you are in a state of being that glows. You can move into that state of being at any time through intent and the force of will. But you need gratitude as well. The will cannot create the gratefulness that is needed to make abundance a part of your life. Love begins to grow and deepen within you when you take the time to recognize the beauty and magic of life. As you appreciate that beauty, you move into gratitude, and *fear cannot live where there is an abundance of gratitude*. You look to the Divine that surrounds you and is within you, feeling your connection to Great Spirit, and you set your intent to stay in this state of gratitude and love. And then, you begin to discover your creativity stirring within, helping you to find new ways of being, new ways of looking at old fears and old pain, new solutions to problems you thought unsolvable. You create your life as one of magic and beauty, and it becomes limitless. You begin to dream again, and your light attracts all that you could ever wish for.

I had the good fortune to spend some time with a wise old grandmother I met in northern New Mexico during the year before she passed on. She loved to ride with me in my old red

truck as we drove over the dirt back roads enjoying the beauty of the high desert. One summer night, she knew she was dying and this would be her last trip with me. She wanted me to understand some things before she left. I'm not sure how I even heard her soft gentle voice over the squeaking of the seat springs and the rattling of the rusty old truck as we drove southwest of Taos into the orange and red setting sun.

*“For there to be an abundant state of being in your life, Lynn, you must move into an understanding of the inexplicable connection between your heart and the splendor of the Great Spirit. To link your open heart,”* (she placed her fist over her heart) *“and the substance of life force energy* (she pointed toward the setting sun) *you must create a bridge, a kind of energy line. You can see this bridge*

*coming from your heart as a beautiful, radiant energy line that is luminous and shining like that sun. It extends from your heart to the creative force of life. You see that force like a golden light moving through that line and filling your heart and your body with a sense of richly glowing fullness. But it is your gratefulness that creates this possibility. Remember, Lynn, it is the gratefulness that brings you closer to God. And it is the gratefulness that recognizes and thanks God and all of the forces of creative life for being there within you. I have always felt this, and I know you have, too. Then your light begins to grow. Your light is irresistible. How can you take your eyes off that sunset?”*

*“I know,”* I said, *as the truck lurched into a pothole.*

*“Light is irresistible to money, irresistible to love, and irresistible to power. You have heard the old saying that may even be older than me,”* she giggled. *“God is made of light. I believe that this is true both on a symbolic level and on a real level. I think the manifestation of light in this world is what keeps the forces of darkness at bay. The forces of darkness are all around us and have a real life and form. But they aren't created out there by somebody else; they are created by you and me. Our true war is not outside us; it is within us and around our own weaknesses. There is nothing in this life that is separate from you. Everything is a part of you. So when your friends become abundant and open their hearts to the light of existence and creativity, it becomes easier for you to open your heart and your sense of expansion, so that abundance can live within you as well. It's so silly for people to be envious and jealous. If you do well, then I can do well, because we are part of each other, as it should be.”*

What is next for you? It is time for each of us to take another step forward into the life we have been dreaming of, whatever that may be. Of course, there will be new difficulties to face, new fears to look at and transform, and hopefully each time you do it will be easier for you as you fill with light and gratitude. I am here to help you with all of that.

It is my dearest wish for each of you that as you move forward in your lives, that you will seek the truth that is within you, learning how to discern the right path. Our next online course begins this week, and I have created it to help you do exactly that. ***“Transforming Your Fears with the Four Sacred Laws of the Painted Feather”*** is filled with the steps

you can take to explore your fears, and then transform them, opening your heart and spirit to love and abundance. I want you to begin to find the inner peace and joy that comes from living by the Four Sacred Laws of the Painted Feather, to glow beautifully attracting a life that is abundant with goodness for you to share, and that you will live fully each day, freed of the limits that fear imposes.

Then you can join me in early October at the Omega Institute as we explore together ***“Voices of the Winds; Celebrating Spirit at the Crossroads of Power”*** and uncover and release the blocks that are keeping you from moving forward through whatever crossroads you are standing at, into a life of beauty, magic and abundance.

If you prefer, I would so love sharing time with you in Hawaii in December, at our ***“Ancient Spirits Creativity Retreat,”*** during which we will open to our creativity through meditation, movement, dance using so many ancient Shamanic tools as we discover the joy of trying new ways to open ourselves to our own creative soul and abundant life.

And as a reminder, our magnificent ***Mystery School*** is now accepting early registration – gift yourself the most amazing experience you can imagine and join me in truly stepping fully into the beauty and balance that is You. Our beautiful ***Writing Spirit, The School*** is another way for you to work with me, tapping deeply into your creative soul as you find a new vibrancy not only in what you are writing, but in the life you are creating.

There are so many ways for us to work together, and you are each so very dear to me, and to the Sisterhood of the Shields.

In Spirit,

A handwritten signature in black ink, appearing to read 'Lynne', written in a cursive style.

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September 25 – October 8th

## **Two-Week Online Course** ***Transforming Your Fears with the*** ***Four Sacred Laws of the Painted Feather.***

We all have fear. It is intrinsic to our nature, and comes from our primal need for survival. But as we have evolved, we have learned to create new fears, and to hold onto fears that no longer serve us. That is a device used by the ego mind to control us, fearing that if it is not in control, it will die along with us. This year we have been working at removing the reins of control from the ego mind and learning to step more fully out of fear and into our own power.

I remember Agnes' words in Nepal when I had been so frightened by a healer in the foothills of the Himalayas. "Sorcerers never kill you," she told me. "They make you kill yourself." And I realized indeed, I had given away my power because of my own terror and fear. It is so important that we face our fears head on and transform them. The Four Sacred Laws of the Painted Feather have been given to us for this very reason. As we search for truth, our own truth, these Laws will lead us around sacred wheels, guide us in bringing out our fears, place them in perspective, and uncover the truth behind those fears in order for us to dissolve them.

As an Act of Power, we will each create our own Talking Stick, an ancient shamanic tool, as a part of the process of working with and transforming our fears. We will attach our own Painted Feather as a reminder of the power we have claimed and the truth we now live.

**Live Teleconference with Lynn on Saturday morning, October 3rd.**

**[Register Now at www.lynnandrews.com](http://www.lynnandrews.com)**



Ancient traditions understood that the crossroads is a place of great power, a place where bold decisions are made and acted upon. In this experiential workshop, we learn to harness that power, to make wise choices, and to follow the path of heart. Together we will explore the depth of your emotions and feelings that are holding you back, and find the blocks that keep you from moving forward through the crossroads of power. We will release those blocks in an ancient and very shamanic ceremony around our beautiful ceremonial fire, leaving you free to move forward into the beautiful and magical life you have been dreaming about.

Supported by the powerful energies of the Sisterhood of the Shields, a society of 44 women from various cultures worldwide, we learn to make decisions in a sacred manner, becoming warriors of spirit at the crossroads of power.



**December 2 to 5, 2015**

**[Register Now! at www.lynnandrews.com](http://www.lynnandrews.com)**

**In the shaman's world view, there is a Spirit of Creativity within all of us** that is our direct connection with the wisdom and mystical vision of the Ancients and the Masters of Enlightenment. **Whatever you do in the world, whether you are engaged in artistic endeavors, commerce, parenting, when you unlock the limitless potential of your own creative vision, you discover that dynamic new avenues open to you.**

**The key to finding successful fulfillment in life is through activating the Spirit of your Creativity** and then giving it voice and form in all your endeavors, no matter where you are or what you do on this magnificent walkabout with Mother Earth.

Through the practice of active dreaming, meditations, ceremony, and lectures, we will connect with our emotions and feelings in a way that we can actually see them, work with them, and begin to transform them using shamanic practices and tools. **Join us for sacred theatre, sacred art, movement and dance as you create your own sacred tools which will teach you discernment and how to speak your truth. You will receive teachings, meditations and tasks in the shamanic use of rhythm and movement, sound, word-play and sacred art** as you explore a new vision for living and discover the great joy of allowing yourself to try something new.



**The 21th Session of the Shaman Mystery School  
Begins in February 2016**

**Registration Is Now Open!**

**US & Canada Registration**  
**OR**  
**International Registration**

*It's so exciting—Wisdom at your Fingertips!*

*It's now an "App"!!!*

*The Power Deck- The Cards of Wisdom  
for Windows from XP to 8.1*

*A New, Digital Version of The Power Deck  
is available now as an App –*

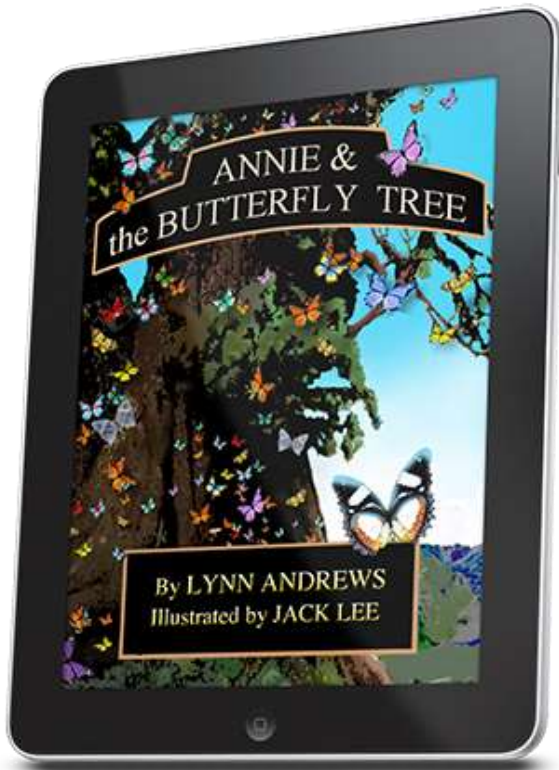
*You can select a single card, create a Sacred Self Wheel, flip through the entire deck –  
even set a card as your wallpaper!*

*Featured now at an introductory price, so get yours today --*

*[www.lynnandrews.com](http://www.lynnandrews.com)*

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**I'm so happy to tell you,  
I have just finished my first children's book,  
something you have all been asking me about  
for years! It is called "Annie and the Butterfly  
Tree," and it is an e-book, available through  
Amazon.com and Kindle.**

*Annie is a spunky, independent little girl who finds herself in a dream world after falling into an enormous butterfly-covered tree. As she climbs through the tree, she meets and befriends a shy mouse, a playful monkey, a dancing bear and a magnificent eagle. As she ascends to the top of the great tree, Annie discovers the courage and resourcefulness inside of her. Finally, the eagle carries Annie to the top of the tree where she meets the kind and beautiful Butterfly Woman. Lavishly illustrated by Jack Lee, this book is exclusive to e-Books.*

**The magnificent illustrations were all done by my dear friend, Jack Lee, and it has been such a joy to create and now share this with you!  
Available Here on [Kindle](#) & [iTunes](#)**