



VOLUME 4 ISSUE 7

JULY 2010

Force lives in your will and comes from your intent. Life is a process of pulling back your bow, aiming your arrow, choosing a target, and shooting. The degree and quality of the force with which you choose your target and shoot determine your power and your success. Force is built through your integrity of purpose, your physical tuning, and your balance of spirit and mind. By naming your act of power, you create force. Follow your innermost passions in life. Empower your will and your strength of force by manifesting your secret dreams. (“Force” card, [The Power Deck, Cards of Wisdom.](#))



Dear Friends,

Imagine that we are standing in a circle around a large bonfire, encircled in turn by beautiful stone cliffs. The cliff walls glow pink, rust and gold as the light from our ceremonial fire splashes across them. You can hear wild horses galloping through a nearby canyon, and you see the dust swirling around their hooves as you feel the power of their charge.

Then you turn your attention to the fire and we read the lavender swirls of smoke, which tell us of Spirit’s presence. Feel the sweetness, the abundance and the gratitude of your sisters and brothers as we dance around the fire.

A member of the Sisterhood comes up behind you and whispers to you to watch the smoke and flames as you dance. You see a shape beginning to take form, and then a large stallion leaps out of the fire. You stop moving as you recognize Arion, and you realize that it is Twin Dreamers standing behind you. You climb aboard Arion's back and Twin Dreamers leaps up and sits behind you. Together, the three of you ride the wind, toward the stars.

Summer is a time for the blossoming of flowers across the land and the blossoming of your own magnificent spirit. For many years, we in the Sisterhood of the Shields have been speaking of the new dream, the time when the Great Dreamer awakens so that a new world can be born. That time is now, and this is the time for you to bring forth the foundation of your own dream for your life. What is it that this new world holds for you? Find it now and allow it to blossom within you as the mirrors of summer show you what you will need to learn and create to bring your dream fully into the world.

Especially during the summer, there are small springs of power all around you, no matter whether you live in the city or out on the land. If you will look into these springs, you can find your own warrior's face, your warrior's path to power which lives within you. Remember to look for these springs, and when you see them, don't be afraid to look into them. They are remarkable mirrors celebrating your own inner reflection, and they will show you what is needed to bring your dreams to fruition.

We are still in the very special energy of Bright Cloud Woman, who has come to bring us all of the enormous strength that is found in the creativity and beauty in the world around us, to remind you that the creativity, beauty and strength you see in the world is the reflection of the creativity, beauty and strength found within each and every one of you. It is time to let your creativity blossom in your life.

Many years ago, I first wrote (in [Star Woman](#)) about Twin Dreamers and the magnificent white stallion, Arion, which I rode into a world of illuminating visions that became, for me, a gateway into a new hoop of power. Horses make me both happy and sad, and they are part of my personal myth, my own personal story. To me, the horse is the symbol of freedom, and it teaches me how to balance my happiness and sadness, both of which we all encounter throughout life. I find freedom I when my life is centered in the Great Spirit. When I am centered in my oneness with the Great Spirit and all of life, I find love and beauty in everything. When I am off my center, I frequently see only the sadness of life. It is a matter of balance, which is within your power to control at all times.

This year at Joshua Tree, we saw horses in the smoke and in the fire, and that is why I feel compelled to share my personal experience of the magic and magnificence of horses with you. The horse is a medicine animal, one that since ancient times has carried the shaman into realms of healing and magic. When I experience horses as

spiritual beings in my life, they take me to other levels of consciousness. I feel their raw power in my shaman center and ride that power towards enlightenment. What is it that takes you into the power of enlightenment and joy that you find in your shaman center? Find it now, and journey with it into your own world of illuminating visions and the new hoops of power that await you.

Feel your joy. Allow it to carry you forward during this summer month. July is a time for blossoming, for heat and energy and creativity. Let the energy of joyous fire flow in your veins. Work with the sweet energy of Bright Cloud Woman wherever you are; she is there to assist you in manifesting your new foundation so you can realize your dream in your lifetime. Join me in a daily affirmation of power* and ride it into the center of your own being:

I am a new warrior of spirit. I exist in a world of sacred balance. I balance with one foot in the physical world of material substance and one foot in the dimensions of spirit and sacred life.

My course is set by my ally, the winds of time. Mother Earth gives me life force, the life blood of my sacred body. The plants give me nourishment and healing, as I ride the windhorse of my intent – my sacred warrior's transport of buoyant joy – into a new and unknown world of harmony.

I am truly a new warrior, an androgynous spirit being of light, like the angels who surround me. My weapons are the shields of awareness, the symbols of ancient trust and the sacred give-away. I share my heart with those who need me, but few see me for who I really am.

I do commerce in the world, I raise my family. I live a life dedicated to freedom. I immerse myself in the physical world so that one day I can give it up, because I can only give up what I truly have.

People learn from me through example, because of the integrity of my own life and spirit. I move into the world with confidence and wisdom. I am open and innocent. I am always learning tools of knowledge, and I share these tools with my sisters and brothers.

I am a warrior of the light, and I live the integrity of that truth with great care from a center within myself that is pure goodness, the embodiment of the peaceful soul. I walk with confidence the path of heart and personal power. HO!

In love and spirit,
Lynn

*From [Walk In Spirit, Prayers for the Seasons of Life.](#)



12th Annual Hawaii Retreat
December 1 - 4, 2010

Reclaiming Your Edge
"The Spirit of Renewal"

with
Lynn Andrews

REGISTRATION IS OPEN!

The poster features a photograph of Lynn Andrews, a woman with blonde hair, smiling and wearing a lei of white and red flowers. The background is a blue sky with white clouds.



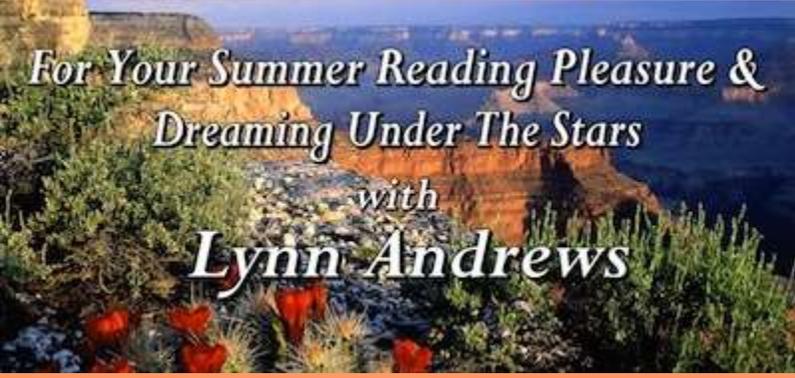
ONLINE COURSE IN THE "RITES OF PASSAGE" SERIES:
August 12 – September 8, 2010

"Standing at the Crossroads: Reinventing yourself as you stand at the crossroads of power and upheaval and choose transformation and abundance with conscious intent."

REGISTRATION OPENS MID JULY



A black silhouette of a deer with large antlers, facing left. A white arrow curves from the deer's head down to its tail.



*For Your Summer Reading Pleasure &
Dreaming Under The Stars*

with
Lynn Andrews

The poster features a scenic landscape with a river flowing through a valley, surrounded by green vegetation and red flowers in the foreground. The sky is blue with some clouds.

Read Archived copies of the InSpirit Newsletter at
<http://lynnandrews.com/newsletter.htm>

Discover a Council of the Whistling Elk near you at
<http://lynnandrews.com/councils.htm>

Read Lynn's Inspirational Daily Wisdom at
<http://lynnandrews.com/dailywisdom.php>

Enjoy Lynn's monthly column in Kinetics Magazine at
www.kineticmag.com

Thank you for signing up to receive the opt-in InSpirit Newsletter. Check at the bottom of this email for links to change, subscribe and unsubscribe. Also, *Remember to visit the website www.lynnandrews.com to see new and updated information on the Mystery School, Online Courses, and special events!* If you have problems with reading this message or the website, please contact the Webmaster using our [contact form](#). Thank you!

Lynn Andrews, PO Box 2876, Edgewood, NM 87015 1-800-554-7414 or +1 954-725-1706