



Dear Friends,

Thank you so much for making this year's Joshua Tree on the Mesa Spring Gathering such a wonder-filled, magnificent experience of love, power and sacredness, and for sharing this experience with me and the Sisterhood of the Shields. I know that so many of you were not able to be there physically, yet we were joined by such a beautiful chorus and circle of light from you, and I am full. It is my privilege to share this month's **InSpirit Newsletter** as a celebration of my thanks to you.

"Look now, my child, as the Thunder Beings approach us on the mesa." Imagine yourself with me and my teachers, Agnes Whistling Elk and Ruby Plenty Chiefs. We are doing a ceremony for the summer. We are welcoming the Thunder Beings and their great wisdom into our circle and our hearts. These great beings arrive in a summer evening show of thunder and lightning. As you stand with us, a warm wind lifts your hair even as a light rain falls. You drum, or rattle, as you will. Agnes takes your arm and leads you into the center of a circle she has prepared for you. She smudges you and dusts you with her sacred eagle feather fan. Ruby shakes a very special rattle, and I offer my pipe with prayers to Great Spirit and the Thunder Beings.

You sit upon the earth. The rain ceases, but the clouds overhead remain. You look up and you notice one of the clouds moving down, towards you. You see a magnificent figure in the clouds. As this being moves to sit across from you, you feel a slight charge in the air. It is electricity, and it is power.

This being tells you, "It is time, now, for you to redefine your life. It is time to notice everything in your life, everything around you in a new and conscious way. You must learn to define your life story, and then be prepared for your rebirth in 2012."

You timidly ask a question, "What do you mean by redefine my life in a new and conscious way?"

"Learn to hold up your own dream as the Great Dreamer awakens," the Thunder Being replies. "Many calendars talk about the end of time. But this doesn't mean the end of existence. It is more like a culmination of cycles, all of the cycles of the universe, so that they can begin anew. It is a time of enormous power, and this power must be used for profound aspects of wisdom."

Suddenly, the Thunder Being spreads its wings and flies up and away from the mesa.

Slowly we clear away our circle in the sacred way, leaving no trace of ourselves, as we say our closing prayers and move to Agnes's cabin.

I see questioning in your eyes, and I say, "Only you know what your life is like and how you would like to see it in the future. Gather what you have learned, all of your experiences, and sit with them. At some point, you have to stop processing and stand on your own two feet. The time to do that is now. Gather your strength and you will have the ability to do just that."

Summer is a time of mirrors. It is the time to see that within your own reflection is everything that you will ever need: your own sacred truth. All throughout the preceding year, you have been honing your awareness and planting the seeds for your new growth. Now summer is here, the season of full bloom. It is time for you to blossom, as all of the seeds of new growth that you have conceived and planted present themselves to the world.

Standing on your own two feet takes stillness and action at the same time. As you nourish the blossoming of your seeds with movement, you still the storm of mind chatter and the emotional confusion in your heart. You settle the wind inside you so that you can allow yourself to feel the gentle breeze of spirit.

Celebrate your reflection and let it teach you what is needed to complete the cycles of your old life. The summer solstice is a ritual of flowering and pruning. During this summer, may you gather your forces for the reaping of what you have created. May you manifest the sacred weaving of your life into reality. May you celebrate all the beauty and the vibrant colors and light that you are in your own center of truth.

This life is like the fulcrum on a scale of balance. Your past and future lives determine the need for gathering strength in this life. There is a reason for all the pain. As you gather knowledge from the infinite sea of consciousness and life experience, you begin to evolve. You fill the gourd of your spirit with knowledge, so that one day it can be emptied and you may begin to gather wisdom. Become one with all life, and consider the true importance of what you are gathering. Gathering is a north card and expresses your need to gather knowledge from the universe, from the waters of your subconscious, so that one day in your process of evolving you may empty yourself of knowledge and begin to live in true wisdom. You must partake of all to reach that still point of wisdom within. ("Gathering" card, **The Power Deck**.)

Gathering is an important aspect for your journey to personal power. It is a basic instinct, even among birds and animals, as they gather food and nesting materials for abundant living. You gather your emotional and mental mirrors and look into them. What do you see? How do you define your life as it is now? How can you re-adjust it to define and redefine the bloom of life that is within you?

Walk out of doors somewhere, through a bustling city or a park or out somewhere in nature, or lie down on the ground or on a lounge chair, even. Really look around you. See the nature in your life. You can find nature anywhere, everywhere. Open yourself to it now.

Look at the clouds, if there are any, and envision yourself conversing with one of the Thunder Beings. What can this great being tell you about your life story? Allow yourself to

listen to even the smallest sound around you. If you are out in nature, expand your awareness and catch the humming of bees, the chirp of the crickets or frogs, or a lizard skittering through the brush. Wherever you are, what does your world sound like, look, smell and feel like? One of my apprentices did this exercise in the middle of a crowded city, and what she heard were the sounds of a baseball game in progress. When she focused all of her attention on the sounds of that game, she was able to distinguish the joy and excitement and the discovery of so many thousands of people sharing the experience of enjoying being alive on a beautiful summer day. What an extraordinary experience!

Find the beauty that is around you, no matter where you are. Gather in all of the beauty and allow yourself to become it. That beauty is you. For the warrior of spirit, summer is a time to shoot your arrow toward the target you have chosen, and let the arrow take flight. It is your time of power. You do this by finding the Great Spirit in everything.

Great Mother, as we see you at the heart of our world, we give thanks to you for our life force, and the gifts of our physical being.

With this gift of life, you have presented us with the mirrors of existence that elevate our soul toward the highest light. Every day we are faced with these reflections, and they bring us great pain and great joy. In our pain, we forget we are on a magnificent journey. We struggle within the confines of our ignorance, desperately searching for a way to tear away the veils that cloud our vision, forgetting that all we really need to do is open our eyes.

Great Mother, help us on our journey of discovery. Give us the power to continue to seek. Help us to find joy and courage as we navigate through the dense fog of confusion.

Help us, Great Mother, to understand your needs and what it takes to heal your precious body. In our commitment to you, we make a commitment to ourselves, to our own enlightenment, to our own process of forgiveness and wisdom. In this forgiveness, I make a pledge from my heart to find an end to this weakness and pain, to find a harmony and a balance, so that we may more successfully walk with a foot in the world of the physical and a foot in the world of spirit.

Oh Great Mother, I humble myself to your power. At this moment, I visualize golden white light surrounding me and enabling me to move into my shaman center, my place of power, a perfect reflection of your innocence. I see the shield that you carry shining like a beacon in the darkness. Your shield is made of trust and faith: Trust that each and every one of us will build a rainbow bridge across the abyss of darkness; Faith symbolized by each of us crossing that bridge, held forever in your light.

Great Mother, we give thanks for your blessings. HO!

In love and spirit,

Lynn

The third in my 2009 series of Online Courses for Conscious Dreaming, *Initiations of Light, Using the Power of Your Dreams To Birth Your New Being Into the World*, will take place from **July 30 – August 26, 2009**. Registration will open in late June. This course is entitled “*Return of the Goddess, Reclaiming your own true essence and healing your relationship with the elementals of this beautiful earth.*” Please come to my website, to learn more. [Online Courses](#)

Remember this date: Saturday, July 18, 2009 – Last date to receive \$100 off tuition for my 11th annual **Hawaii Retreat for Rejuvenation, Renewal and Dreaming** this coming **December 2-5, 2009** on the Big Island of Hawaii. See [Hawaii](#) info

Writing Spirit, The School ... at last! January – October 2010. [Writing Spirit, The School](#)

Lynn on YouTube! You can watch current and future videos about Lynn and events by visiting Lynn's channel on YouTube. The newest video reflects images from Lynn's annual Spring Gathering, Joshua Tree on the Mesa at Ghost Ranch in New Mexico. Visit www.YouTube.com/LynnAndrews

Out and About with Lynn Andrews:

Tuesday, June 23rd, 9 – 10 a.m. Pacific Daylight time. **Kindred Spirit Radio Show** with host **Lynn Andrews**. Listen at www.HealthyLife.net Lynn's Guest will be popular British author and speaker **David Icke**, His [website](#)

Read **Lynn's monthly articles** in *Kinetics Magazine*, published by Dannion and Kathryn Brinkley, at www.kineticmag.com.

Read archived copies of past **InSpirit Newsletters** at www.lynnandrews.com/newsletter.htm

Discover archived broadcasts of **Lynn's “Visionary Series,” Kindred Spirit Radio Show** with Host Lynn Andrews, at www.lynnandrews.com/radio.htm

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