

Believe in magic. It is important to understand the value of realizing your dreams in life. Remember that this is done without manipulating or hurting anyone around you. It is a healing path, and it is a path of love. But it is also a magical path, and for magic to happen in your life, you must believe in magic.

Happy and Blessed New Year Everyone! Whether we believe it or not, this is a magical time in our world. As we move into what appears to be chaos and upheaval across the globe, it is important to remember that this is not the time to make changes in our lives out of fear. Great Spirit is not asking us, Great Spirit is demanding that we move to a higher level of consciousness. That is what I mean when I say this is a magical time in our world, because Great Spirit is telling us to put our faith deeply into the trustworthiness of spirit and move forward in our lives. There are no barriers except our own self-imposed limitations, and those we can surely master, yes? What could be more magical than to have the Great Spirit beckoning you?



Now is the time to follow your own instinctual nature. See what fits for you in your life and what doesn't. Look at all that you have accomplished in the last year, whether it was what you wanted to get done or not, and be grateful for all that you have. Be grateful for the lessons you've learned along the way; it is those lessons that will guide you into your new life.

I've often spoken of the great dreamer awakening and the importance of taking responsibility for your own dream. Now is the time to define your life and your dream. As you take stock of the year you've just completed, instead of reacting to your circumstances, can you redefine your personal life? That is what taking responsibility for your own dream is all about, defining your own life based on what is real and important in your world. Sometimes the things that are most important to you may appear to be in conflict. You have great plans to start a new business but you have much responsibility for securing a home for yourself and your children. There are always ways to reconcile the competing natures of the important things in your life, if only you will take the time to know what is really important for you and then place your trust in the Great Spirit and your higher purpose in life.

Years ago, my teachers and I were crossing a treacherous, high mountain pass from Nepal into Tibet in search of a special valley. All at once, we were stopped by a rockslide and the trail became impassable. While I sat there contemplating the end of my dreams and all that I had worked so hard to accomplish, my teachers simply started a small fire and prepared to do ceremony.

"How will a ceremony move all this rock? I asked, feeling hopeless.

"That is for you discover, and we will follow," Ani said as she prepared a circle of stones. "Remember, there are no accidents. There is a reason for the mountain to test you in this way."

When I looked up, I noticed a small piece of paper on the ground in front of me, dropped there by the black Crow Eagle that had accompanied me ever since my journeys into the sacred Dreamtime of Australia. I picked it up and unfolded it.

"This ceremony is for you, Spirit Woman, as it is for all women," was written on the page. "The soul of the mountain has sent you a gift. The gift lives beneath the avalanche of blockage that prevails within all sentient beings at this time. The mountain has sent you a sign. The trail is impassable and yet it must be followed. Your life has been thus. To reach the next level you must find the gateway within your own being and the trail will become available to you once again. You wear the shield of trust and innocence on your chest. Follow the shield into your heart and be reborn."

As the ceremony went on, I found myself crying uncontrollably. When Agnes asked me what was wrong, I could only sob that the difficulties I was experiencing as I tried to bring the message and teachings of our work together into the world seemed insurmountable and were wearing me down hopelessly.

"I can't, Agnes. I just can't go on. This is too hard," I was crying.

Agnes put her arm around my shoulder.

"We must unite, all of us," she said to me. "That is the original meaning of the medicine wheel. The old ones had no hate; they could not conceive of jealousies or hurting anyone. They lived in a time of freedom. Now it is different and many have forgotten the old ways. I don't mean old ceremonies. I mean the old, gentle, wise path of the heart. A true warrior fights from the heart, and that is what is forgotten. But the heart will be remembered. You have taken nothing from anyone, not even me. You are simply remembering what you already knew."

"I understand, Agnes," I said softly, "but still I don't know if I can go on."

"The only truth you and all others must take into the new age is this," Agnes said. "Know that you have prepared for a long time, and now all that you must do is go on. That is your responsibility, to go on."

Nothing that we are facing in our world today is insurmountable if you stand in the place of the warrior and warrioress of heart. It would be good for all of you, especially in this month of January, to strengthen the structures in your lives. Take a good look at your own physical structures, as well. Look at your health and see how it relates to what you've set out as part of your life plan. Remember what the "Balance" card in The Power Deck says, "The structure of your daily spiritual life must be built on a strong foundation in the physical world, like a pillar of selected shaman's stones balanced carefully, one on another. Take

care of your body through diet and exercise. Express your strength in acts of power, and bring greater awareness to the exchange of money. Protect and nourish your family, and express your integrity by bringing balance into society and nature. Then you will be prepared in the physical for higher spiritual learning. Your being is like a spirit lodge, the foundation of which is rooted in physical manifestation, strong against the storms along the trail to higher consciousness. To take power, make your spirit available. Take your power and bring your physical and spiritual natures into balance."

"Great Spirit, Mother Earth, powers of the four directions, our guardians and allies, power animals, the Ancients and all the beings of light that love us, if we do not believe in magic then our lives will not be magical.

"Magic, like the power of Stonehenge, is part of the unknowable - that which we cannot describe, but which exists and makes our life extraordinary. It is part of the goodness of our spirit. It is that mysterious and intriguing part of our spiritual life. Magic is what we are all looking for, but if we try to hold it and name it and describe it, we will lose it. We must talk around magic, describe what led us there, and give thanks for that part of the universe that is unknowable and full of color and strength and magic. Out of relationship comes magic. Out of the friction of forgetting and remembering comes magic. Out of the mists of dawn and the mysteries of creation comes the magic that we call life. Out of our passion for existence comes magic.

"Great Spirit, we know that to have power in life, we must take power; power is never just given to anyone. The monoliths at Stonehenge were carefully assembled to draw up the power of the universe that is within the earth. What is in the universe above us is in the earth below us. Be with us, help us, guide us as we place ourselves, standing in our power, as antennas, as we bring down the energy and power of the universe and bring up the energy and power that resides within the earth. Then we stand as a mediator between the two sources of power and magic begins in our lives.

HO!"

In Love and Spirit,

Lynn

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