

"Great Spirit, as we move into a time of shorter days and longer nights, not unlike the winter of our lives, we experience the coolness of your brilliance.

Star Shield Mother, who empowers my intent, Great Spirit, give me courage to face my own frailty. Give me courage to walk on the path of heart. And if I failed you, help me to understand how I can better tear away the veils of ignorance and live more fully in the coming year.

Help me, Great Spirit and Mother Star Shield, to manifest my act of power, to provide mirrors of integrity and impeccability for my sisters and brothers as a warrior of the spirit.

Great Spirit, I am yours in my heart and soul. As I lie down for the long winter to pray and more deeply understand my true nature and the nature of this Great Mother Earth, my spirit is like a hollow log filled with your light.

May I never lose touch with what is real and true. May I touch the snows of winter with my fingertips and be reminded of the purity of your being.

May I see the reflection of your face in all of the beings who surround me.

In my long dream, through the long winter night, may I receive symbols from you that will deepen my understanding and help me to go beyond the limits of language, into the dreamtime. I await the imprinting of your knowledge into my emptiness. Help me to understand, Great Spirit all that I have come here to learn in this lifetime.

*As I move into the sacred dreamtime of winter, I offer my prayers of gratitude and love, oh Great Spirit, for my life. **HO!**"*

Dear Friends,

Once again we move into the season of winter, Mother Earth's gift to us of hibernation, of dreaming and being within ourselves as we allow our dreams to germinate and gain clarity before we plant them in the coming spring. It is time now to go to your own sacred garden. Close your eyes and imagine a winter garden scene. You see freshly fallen snow, icicles hanging from the trees like crystals in the sun.

An elderly woman approaches you, and you recognize her as Twin Dreamers. Twin Dreamers takes you by the hand and leads you to a small cove, shaped like a lodge. It is filled with beautiful and sacred things. There is a small fire pit in the center, and furs and blankets cover the floor. Twin Dreamers helps you to lie down.

"What blocks are stopping you from dreaming on what you would like to create?" she asks



quietly. "Shhh. Do not answer, but simply dream on this."

As you fall asleep, you dream that you are riding a white stallion. It is Arion, and he carries you through the blue sky to a campsite far below. As Arion lands, you dismount and witness a scene right out of Star Woman! Both Agnes and Ruby are stomping around the campsite, raging, while July and I stand nearby, close to tears.

Agnes and Ruby yell out examples of their scorn. Everything is wrong: they have no money, the place is dirty; they are in pain and nobody even cares. They are just two old goats whose lives are worth nothing because they have run out of shiny trinkets to hand out. You have never seen them like this before and it is frightening.

"What are you looking at?" Ruby snaps at you. "Maybe you better go away. Then we can just start over."

What kind of dream IS this, you think to yourself. Still, you join July and me in the pickup truck. We are all terribly upset. Even thinking about what just happened fills us with fear and anger. We leave for half an hour, driving back up the bumpy road. Finally I suggest that maybe we should go back and make sure Agnes and Ruby are alright. What a strange scene it was when we left.

When we arrive back at the campsite, it is completely picked up and Agnes and Ruby welcome you.

Agnes says to you, "A little while ago you thought you were in a kind of hell. I was negative and pessimistic and dark. Ruby was so angry she even scared me. All we could see were the bad aspects of our lives. We separated ourselves by our attitudes and created a very lonely, broken country, a hard place to be.

"Ruby and I did this in order to show you that your world is as you create it. You can choose to see nothing but darkness and pain. Surely it is there and needs to be acknowledged. But not in a negative way. If there is no gas to heat your home, you don't sit around griping at the world while your hands freeze. You go earn money to get gas. Or you change the pathway and find heat from another source."

You ask, "But what if I'm positive and I wish to create a more positive dream for myself? That's why I thought Twin Dreamers sent me here."

"Ask yourself what is happening," Ruby says. "Why do you think everything has to move over and make room for you, just because you've decided to change your bad habits? You are a warrior, a hunter. You can see life's circumstances as a challenge, or you can let someone else catch the prey. What can you learn from these mirrors? Can you help someone a better way, help out a little bit, yourself? Can you just allow them to be miserable if that is their choice?"

"Don't allow anyone to ruin the happy hunting territories of your own mind. A happy frame of mind is your food. Protect and nourish her. So what if it is a little difficult? Expressing your highest nature through your work is sometimes easiest when work is not exactly as you wish it to be. There are hidden gifts within friction. Therein lies the secret way to a graceful life. You are not what you do. Your work is a higher mirror, providing a reflection from which to learn."

Arion whinnies. You go over to him and place your head on his shoulder, and he nudges you up on his back. As you ride away from the campsite, you notice how bright the stars are as the sun sets and twilight comes on. Waking up from your dream in the cove, you see that Twin Dreamers holds out a cup of hot tea for you. You sip tea together and watch the vast, starlit sky.

"Dream this winter on the stars, little one," Twin dreamers says to you. "See what knowledge and wisdom they have for you. Remember the lesson with Agnes and Ruby, and remember that you

do have the ability to create your dreams in the world, no matter how hard it may seem at the time. The magician remembers the trail and takes a different one, even if it is more difficult. In this way, you build strength."

One day you will remember the Great Dream, and the way will become known to you. You entered into life through the veil of the Dream, because your reason for being here must be kept secret from you until you find your way home. You don't know who you are, but one fine day you will remember. It is like creation looking for itself. You are in oneness with all of life, though you are not aware of it. You will awaken from the Dream. Let the Great Mother rest within your spirit. She is the universe. She is the womb of all life. She is the light that shines from your eyes, illuminating your daily dreams. The possibilities you dream of will become your reality. (The "Dream" card, from the *Power Deck, Cards of Wisdom*)

In Love and Spirit,

Lynn

I am so thrilled to announce the launching of my new writing school: ***Writing Spirit, The School***, a year-long program beginning April 1, 2009. I invite you to join me in an exciting writing adventure of inspiration and creativity. We will take up our clean slates with ample chalk and, step by step, taking good notes, we'll trek along the banks of the river of writing imagination, running clear and gemmy, free of the mud of ego writing. It will lead us straight to the magnificent storytelling wheel, powerful and mysterious. We will circle this mighty wheel together, learning of our hidden luster and our writing spirits with each turn of the wheel. You will feel shifted after this twelve month course, as I have great plans for anyone stepping into this arena of intent. Experience the mystery of shamanism as you travel out of old shadows into your special light of your writing spirit. I look forward to working with you.
www.lynnandrews.com/writing.htm.

As a heartfelt *Thank You* to everyone, all orders over \$25.00 through my Retail Store, www.lynnandrews.com/retail, will **receive a free black tote bag**. The beautiful artwork screen printed on the tote bag was created for my 19th annual Joshua Tree gathering 'Soaring On The Wings of Intent'. This versatile tote bag measures 15.5" long by 17.5" wide and is the perfect size for shopping. This offer is good until January 1, 2009! Only items authored by Lynn Andrews are eligible for this offer.

Enrollment is open for the **16th session of my four-year Mystery School, The Lynn Andrews Center for Sacred Arts and Training**. The new school year begins in **February, 2009**. It fills me with such honor and enthusiasm to present you with a truly unique and magical course of study. This extensive program is designed to enable you, as an apprentice, to venture further than you have ever gone before into your own personal environment of skill and possibility.
For more info: www.lynnandrews.com/mys-school.htm.

Make your plans now to join us at our **21st annual Joshua Tree Spring Gathering, May 28 – 31, 2009** at the beautiful Ghost Ranch in Abique, New Mexico. Since 1989, this has been an extraordinary gathering of people from all over the world -- women and men who come

together for ceremony, meditation and healing. Immersing ourselves in a rich texture of images, music, ceremony and the creation of sacred art, this fabulous gathering is not like anything you will ever experience anywhere else, and I look forward to meeting and working with you. www.lynnandrews.com/jt.

On the air with Lynn Andrews:

12/9 Wednesday ... Lynn will be interviewed on "Psychic Wisdom with David James" - 9:00 pm, EST, 6 pm, PST. Tune in to www.themixtalk.com, and call in to 1-888-345-3025 for your opportunity to talk with Lynn and David! www.psychic-wisdom.net.

12/23 Tuesday... Kindred Spirit Radio Show with host Lynn Andrews, 9 am - 10 am PST. Listen at www.HealthyLife.net. Lynn's guest will be Dr. Matthew James, President of the American Pacific University and Master Trainer in Hypnosis, NLP, Time Empowerment, and the ancient Shamanistic Hawaiian spiritual system of Huna. www.huna.com.

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