

**THE INSPIRIT NEWSLETTER** from **Lynn Andrews**

**Vol. 1, Issue 1**

*Dear Friends,*

*It is my great delight to announce that with this edition of my Seasonal Messages (Spring 2007 Seasonal Message No. 1), I am launching my newsletter, "The Inspirit Newsletter from Lynn Andrews." As a member of the Inspirit e-mail list, you are automatically subscribed to receive this Newsletter, along with other special announcements throughout the year. I also invite you to visit my website in the coming weeks for exciting new changes and opportunities for our beautiful circle!*

*In love and spirit,  
Lynn Andrews*

Spring is akin to the beginning cycle of life. It is the time when the seeds for new growth are planted. During wintertime, you hibernate and hold close to you all that you have accomplished during the previous year, and you discard what no longer serves you. Then in the spring, in the first planting of the year, you have a sense of what it is that you need to accomplish in the months ahead.

Planting seeds requires great care. You gather your seeds, or you bring forth the seeds you have saved throughout the past years, and you choose the seeds that are truly important to you. This year, across North America and indeed across the Northern Hemisphere, winter hangs on well after our celebrations of the Spring Equinox. It is as if Mother Earth is saying to us,

*"Don't be so quick to dash headlong into the world. Take the time right now to fully know what is important to you. Make your decisions carefully as to what you want to discard, what you want to hold for future growth and what you want to concentrate your energy on now. That way, when you move out into the world with your magnificent acts of power, you know who you are and you know that you are speaking your own truth, living your own life, and not the life someone else says you should be living."*

This is the time for you to gather your energy, for when you plant a seed, you are planting and cultivating energy so that the life force will find its way toward the light, and blossom, and become a manifested reality.

Spring is the time of the life and death prayer arrows. You place all that you want to give away to the universe into the death arrow, and you burn it symbolically, either in visualization or in actual ceremony. Then you place your acts of power -- the ten things that you are going to do in the coming year to make your act of power a reality -- into the life arrow. This life arrow you give away to the universe; plant its base in the fertile soil with its tip pointing up to the sky. This is the practice that sets you on your course for the rest of the year.

**The Power Deck, Cards of Wisdom** teaches that gathering is an aspect of power in the north on the Sacred Wheel. North is the home of spirit and your relationship to God, the Goddess, Great Spirit.

North is the home of the adult, a responsible, independent and balanced being. It is the home of wisdom and power.

So when you gather your seeds for your Spring planting, for your life and death prayer arrows, you turn to your relationship with spirit in the north to ask for inspiration, wisdom and power. You turn to your Council of Spirit Guardians; you call them in and most importantly of all, you sit in council with them and you listen to them. You talk with them about your life and death prayer arrows and ask them to give you the wisdom to choose wisely what you are ready to discard and what you are ready to manifest into your life and in the world.

This is very much what my Joshua Tree on the Mesa Gathering, “Soaring On the Wings of Intent,” is all about this year. It is what our entire 2007 year of online courses on dreaming, “Dreaming the Tapestry of Your Life,” is about. The Great Dreamer God that has been dreaming us for eons, carrying our dreams in his hands, is beginning to awaken. This means that we are moving into a time of awakening, when each of us learn to carry our own dreams in our own hands. It is the time of the Waking Dreamer, a time to awaken to your own inner power to determine your life path.

*Great Spirit, as you empower the flowers to the brightness of spring color, I honor my long winter of introspection and bring forth my new beginnings. Mother Earth, I plant my love, my seeds, from the sacred gourd of plenty into your gracious land. I listen for the language of the drums, the symbols of the sacred shields, to enlighten me. I pull back the bow of my being in expectation of my new acts of power. I set the arrow of my intent, as my spirit begins to grow. Thank you for honoring my sacred garden and the seeds that I have imparted to you with my trust and innocence. May I hear the winds of communication from you, Great Spirit, as I walk this great Mother Earth as she awakens in beauty. Ho!*

In spirit,  
Lynn Andrews

**JOSHUA TREE ON THE MESA, “Soaring On the Wings of Intent”** with Lynn Andrews

Thursday, May 31 – Sunday, June 3, 2007

Ghost Ranch, Abiquiu, New Mexico

My 19<sup>th</sup> annual Joshua Tree Gathering will be held this year at the beautiful Ghost Ranch in northern New Mexico. This is an extraordinary gathering of people from all over the world who come together for ceremony, meditation, the creation of sacred art and healing, and I hope you will be able to join us.

It is a gathering which is profound in nature and magical in spirit, drawn from my decades of apprenticeship with Agnes Whistling Elk, Ruby

Plenty Chiefs and the other women of the Sisterhood of the Shields, through inspiring meditations which use an ancient tradition of sacred sounds and words as taught to me by the Sisterhood of the Shields. This unique approach to meditation will catapult you into an expanded awareness of human potential and spiritual abilities. We will immerse ourselves in a rich texture of images, music, ceremony and the creation of sacred art. It is these very elements of beauty and power, woven into one multidimensional, magnificent event, that will be unlike anything you have experienced before!

Ghost Ranch is located on the high desert Mesa of the northern New Mexico wilderness, near Abiquiu, a beautiful and natural landscape

surrounded by spectacular rock formations, ancient energy, fossils and dinosaur bones. It is the subject of many landscapes by American painter Georgia O'Keeffe, who maintained a summer home there in 1934, then her permanent residence on the property from 1949 until her death.

We are one with Mother Earth . . . to heal her we need first to heal ourselves.

Please come to my website at [www.lynnandrews.com](http://www.lynnandrews.com) to learn more about this magical event, and register now!

***“SPINNING THE FIBERS OF YOUR DREAMS,” Online Course, May 3 – May 30, 2007***

007

***Registration is open now!***

People ask me so often what “the end of days” means in the Mayan Calendar. Other ancient calendars, by the way, also say the same thing.

The Sisterhood of the Shields teaches that there is a great dreamer god who is beginning to wake up. He has been dreaming this reality we are living in for millenniums. “The end of days” means the end of the calendar of this great dreamer god.

**“The end of days” means that our dream isn’t going to be dreamed for us any longer. We are going to have to dream our own dreams.**

When I was in Egypt last year, I met briefly with a woman in the Sisterhood of the Shields who holds one of the Seven Clay Pots, and she shared some of its wisdom with me. This wisdom has to do with our individuation, which is vastly different from “individualism.” **Individuation has to do with power of *your own magical dream, the dream that is within you***, that has been within you for lifetimes.

Individuation means that the time has come to become a lucid dreamer, and dreaming becomes a conscious activity rather than a distraction or an addiction. You hold up your own dream because you know who you are, you *remember*. You wake up from your addictions, your worries about the world, anything that has to do with the ego mind and that drains away your sense of goodness, of worthiness, of love and true, unmitigated joy. You free yourself to travel to other dimensions and meet with the great masters to bring back the messages for your own life.

**Learn more and register for this beautiful spiritual journey at [www.lynnandrews.com](http://www.lynnandrews.com).**

This course is an excellent preparation for my Joshua Tree on the Mesa Gathering, and if you will be traveling to New Mexico during the last days of this course, I have created for you a special task that will enable you to bring both of these journeys together in your work on dreaming.

Please join my call-in radio show "**Kindred Spirits**" on the **4th Tuesday of every month**. Check my calendar at [www.lynnandrews.com/calendar2006.htm](http://www.lynnandrews.com/calendar2006.htm) for scheduled guests, and dial **1-800-555-5453** to call in and talk with me live during the show.