

### Winter 2007 Seasonal Message #3

Dear Friends,

Here in the northern hemisphere, we are at the mid-point of our time in the cave with Great Dreaming Bear, at the mid-point of the season of winter, the time of going within and sitting in introspection as we review our accomplishments and weaknesses over the past year and turn our sights to where we are going in the coming year. It is good to have a plan for living; the structure of your daily spiritual life must be built on a strong foundation in the physical world. It is good to dream. One day you will remember the Great Dream, and the way will become known to you.

As I was thinking of all that we have faced -- and accomplished -- together in the past year and what faces us as a world community in the coming year, a passage from my book, *Love and Power*, came to me. We are living through a time of rapid change, both in society and on Mother Earth, and so often the demands upon us as individuals are great. It is when you feel most pressed by the world around you that you must take the time to think about who you are and where you have been, and what you really want to do with your life.

“There are times when I have a vision of my God and I know why I am alive. This happens to me most often at sunset as I watch the play of light across the sky, the crimson and peach clouds edged with golden light from the setting sun. I feel my existence reflected in that light, and I know I have a purpose in this lifetime. Even if I have doubts and fears at moments, I know that somehow there has been a silver cord pulling me toward my destiny. When I sit in a place of stillness, with my head leaning against a rock in the vast wilderness of southern Arizona, and I allow myself to stop speaking and to rest and to dream, I feel my heart opening; I feel it throughout my entire body. My mind takes a rest, and I realize that the possibility of a truly balanced, harmonious, almost God-like life is truly accessible.”

Mastery is at hand if we just open ourselves to the possibility. But most of us fall prey to our conditioning and our humanness – which is most likely all about “what we think we are supposed to do.” Overcoming your failings and your difficulties is part of why you are here on earth. But you must always remember, as Agnes Whistling Elk has told me so many times, that you have chosen to come here, to this life at this time and place, wherever you are at this moment in time, in order to find enlightenment.

“It is always in the stillness that the world of the Great Spirit, of God, of the great Goddess presence on this earth, comes into me. In the stillness, I realize that we are in an angelic realm, that we are protected, in a way, because we are supposed to evolve into a new consciousness; we are here to become great soaring creatures who understand the balance of nature and spirit and physicality. Oftentimes, I think about acts of power, reaching up for divine inspiration in vertical

consciousness, and I move into that place of experience with my apprentices where they express their acts of intent and realize their shortcomings and their tremendous strengths. Reflected in their beautiful shining faces, I see the radiance of God – that is my students’ gift to me as their teacher.

“It is in the stillness that this truth is found.”

Winter is the time for taking what you have gathered into your mental and spiritual cave of hibernation and circling around the teachings that you have received. It is a time of regeneration, a time where the seeds are harvested and put into the seed banks of your subconscious mind, to be given to future generations, to be given back to yourself when they are needed. As you spend time in introspection, ask yourself this question: Am I living a life of balance and harmony between the spiritual and the physical worlds? As you begin to think about what act or acts of power you intend to make in the coming year, ask yourself: Will this work move me closer to a life of balance and harmony between the spiritual and the physical worlds? To take power in the world, you must be in perfect balance.

“Before making a decision of power, move into that place of silence and serenity deep within you.... In this silence lives your sacred witness, that which sees all and knows all and is all that you are. Power is born within the silence.”

In love and spirit,  
Lynn

[*Love and Power*, by Lynn Andrews.  
Pub. by HarperCollins Publishers, 1997]

**Power Deck Card for This Message:**

***Transformation:*** The power of your intent leads you around the sacred wheel of endeavor. Begin today with trust and innocence in the early hours. Imagine a quiet pond, and see the reflection of your true self. At noon, take a moment to close your eyes and dream. Image the transformation that this day offers you. Seek the strength and wisdom, through your ability to love, to bring this transformation into action and into the words you speak. At night, give thanks for the illumination you have found. Know that the form of your intent leads you to the power of transformation.

## OPPORTUNITIES TO STUDY WITH LYNN:

**Lynn's Mystery School**, the Lynn Andrews Center for Sacred Arts and Training, a 4-year course of study, is registering now for its 2007 school year. [www.lynnandrews.com](http://www.lynnandrews.com)

**Online Courses with Lynn Andrews:** *Dream Weaving the Tapestry of Your Life*, a series of 4 online courses on dreaming for 2007: Course 1, "**Creating your Dream Body**," February 22 – March 21, 2007, is registering now. [www.lynnandrews.com](http://www.lynnandrews.com)

**Joshua Tree on the Mesa**, Lynn's 19<sup>th</sup> annual Spring gathering, *Soaring on the Wings of Intent*, May 31 – June 2, 2007, to be held in the exquisite and spiritual surroundings of Ghost Ranch in Abiqui, New Mexico. Please make your plans now to join us at this magical event. [www.lynnandrews.com](http://www.lynnandrews.com)