

## Fall 2006 Seasonal Message #1

*“You are not filled with the physicalness of your earthwalk,” Ruby stated. “When you are like Sin Corazón, you are filled with ideas, rigidity, envy, grief, and a stupefied mind that thinks it knows all there is to know. The basket represents that kind of fullness. It’s one reason people gather the insignificant waste products of the psychic world into themselves to fill themselves, so they no longer have to confront who they are. Do you see, Little Wolf?”*

A number of years ago, I was up in Canada working with Agnes Whistling Elk and Ruby Plenty Chiefs when suddenly one morning Agnes announced that we were leaving that day for southern Mexico. Thus began my journey into the world of Sin Corazón, a beautiful and engaging woman who was a member of the Sisterhood of the Shields but who had made a personal decision to embark on a pathway into darkness, which I wrote about in **Dark Sister: A Sorcerer’s Love Story**.

After we returned to Canada, Agnes, Ruby and I were sitting around mending some of our ceremonial items and talking about the recent events. Specifically, we were talking about darkness and the light, and I realized how, until my experience of Sin Corazón, I had been “almost a Pollyanna” about working only in the light. After Red Dog, I hadn’t wanted to explore thoughts or acts of evil. I didn’t want any part of the world of pain and treachery. And yet I knew it was something that I needed to understand. Otherwise, how could I guide anyone who was lost in those dimensions? How could I teach anyone about the road towards enlightenment in the midst of the chaos and confusion of every day life today?

Finally, Ruby put down the moccasin which she had been beading and emptied out the old basket where she kept her beading and needlework. She handed the empty basket to me and said, “Fill this up with rocks, your moccasins, anything. *Now*,” she ordered.

After I had filled the basket with everything I could find around us, Ruby walked around me and said, “Now that basket looks like Sin Corazón when she was most lost.”

“But I thought you said Sin Corazón was empty and lonely and had a huge hole inside her. That’s how I perceived her,” I said.

“Well, that’s one side of perception. And yes, it’s true, she was empty,” Ruby said. “But she was empty because she was so full.”

We sat down by the basket and I contemplated it for several minutes, trying to imagine Sin Corazón – or myself for that matter – filled with rocks and things.

And then Ruby said to me, “You are not filled with the physicalness of your earthwalk.... When you are like Sin Corazón, you are filled with ideas, rigidity, envy, grief, and a stupefied mind that thinks it knows all there is to know. The basket represents that kind of fullness. It’s one reason people gather the insignificant waste products of the psychic world into themselves to fill themselves, so they no longer have to confront who they are.”

**The season of Fall is a time of gathering; it is the season of reckoning, a time of great beauty and a time of change and letting go.** Fall is the time when all that you have sown and all that has blossomed is now to be reaped. So often we are terrified of change, not only because of the mystery of the unknown but because change implies letting go of what we know and what we have always held as a kind of security in our lives. Even bad habits can provide a kind of security.

Is it not time to empty your basket of all the rocks you have been carrying around, the ideas, fears and bad habits born from rigidity, envy and grief? Life happens to all of us, and sometimes life brings us very hard times. But we do not have to fill our baskets with the negativity that so often rides in on the back of hardship. The conditioning of abuse and loss -- from childhood and from other experiences in our lives -- can create within us decisions that truly do not serve us. But just as you can make the agreement to adopt those bad habits, you can unmake that agreement any time that you want to. Anyone of us can choose bad habits; we can also choose to heal and come out of it

This Fall more than ever, it is time to take a good look at what is in the basket that you are carrying around. Take everything out of your basket and examine it carefully. Then you can fill your basket back up with prayers for understanding and for the strength to reap what serves you and to discard what holds you back from your enlightenment and your true power in the world. During this season of Fall, may you find the strength to be all that you are. May you reap all the abundance of the universe that is meant for you, and may you let go of what is no longer essential to your life process. Ho!

In Love and Spirit,  
Lynn Andrews

***Dark Sister, A Sorcerer’s Love Story  
Walk in Spirit, Prayers for the Seasons of Life***

We are registering now for my next Online Course, “**The Oracle of the Talking Stick: Transforming Your Fears with the Four Sacred Laws of the Painted Feather,**” October 27 – November 24, 2006. [Click here to join us for this intensive and very healing journey into the magic and wisdom of the Painted Feather Talking Stick, www.lynnandrews.com.](http://www.lynnandrews.com)

We are also registering for my 8<sup>th</sup> annual **Hawaii Retreat for Rejuvenation, Renewal and Dreaming,** November 29 – December 2, 2006. Please join us as we rejuvenate our spirit

and our dreams, find the soul of letting go and relaxation, and swim and flow with the dolphins! [Click here to register at www.lynnandrews.com](http://www.lynnandrews.com).

Early registration is open for my 4-year **Mystery School: *The Lynn Andrews Center for Sacred Arts and Training***. This is a fabulous opportunity to begin work now with an Interim Mentor, as you prepare for the new School year beginning in February 2007. [Click here for detailed information or to register early at www.lynnandrews.com](http://www.lynnandrews.com)