

Spring 2005 Seasonal Message #6:

Finding Your Power Center

"It is told that in the old culture of the Maya," Zoila asserted to me one day as she and I were talking about her beautiful relationship with her husband, Jose, "women and men were taught about the translation of Mother Earth's energy, and also about the female energy and how it reveals itself in a person. When we understand the great mothers in us, we can live in harmony and help fulfill each other's destinies."

"I believe many of the women in my culture have turned their backs on femininity," I said.

"That's a great sorrow for our Madre." Zoila touched the dirt floor with the palms of her hands. "If women cannot assume their totality, as feminine, beautiful women, then men will never learn of their female side, and the earth will remain in great disharmony. Women say that it is the men who have created the imbalance on our Mother Earth. It is the men who have conjured our wars. But it is the women's fault. We have permitted it. Men and women need each other; we need to learn from each other. That's part of what life is all about."

"What do men teach women?" I asked. "Isn't there an exchange between them?"

"Very broadly speaking, men teach women how to organize their consciousness, especially out in the everyday world. Women teach men about the sacred dream, how to receive and implement the wisdom of their consciousness. Women teach men how to live. Men teach women how to express their dreams and bring an exchange of energy back from the world, such as money or food or other material goods."

"But I see a lot of women make money without men," I said, straightening myself in the chair.

Zoila turned to Jose and then back to me. "Yes, women today can earn money, but only if their man shield is well developed. If a woman is weak in her man shield, she will give and give and demand nothing in return. She will become a martyr. A man can teach a woman about that in many ways."
(Jaguar Woman)

What Zoila called the "man shield," I call the male shield, and just as both men and women embrace the Mother energies, so to do both men and women carry a male shield. It is this male shield that enables us to stride out in the world in an organized and conscious fashion. If you would live a life of harmony and power, it is essential that you embrace and understand both the male and the female aspects of yourself, and that they be in balance.

Make a place on your altar to honor both the male and the female aspects of your existence. The feminine resides in the west; masculine resides in the east. When you light a candle for one, also light a candle for the other so that you can sit in the middle, balanced and in tune with the energies of the universe.

The world is bereft of feminine consciousness. To bring Mother Earth back into balance, we must bring back our awareness of her. Woman is the Keeper of the Planet and must not let her energy be re-rooted by the male systems within woman or man. We are all in need of world harmony. Mother Earth has been misunderstood, but she is the universe. She is the womb for all that lives. Feminine consciousness is the energy that embodies the wisdom you need at this moment. It is through the transformation of an overbalance of male energies that we will reinstate harmony and balance on earth, with feminine consciousness in perfect balance on earth and in perfect balance with male consciousness. (The Power Deck, Cards of Wisdom)

Because of male and female imbalances, the earth is in danger of dying. Remember that the power of the masculine explodes, as the power of the feminine implodes, and a sacred spiral of life is set into motion. One cannot live without the other. The masculine God is in search of the feminine Goddess. He brings gifts of driving force to her powers of intuitive, creative receptivity. Both are equal warriors in the fight against ignorance. Balance your masculine and feminine energies through meditation and awareness of when you are carrying a male or female shield. This is your struggle in life and a great source of power for you. (The Power Deck)

In Love and Spirit,
Lynn Andrews

My 2005 Joshua Tree Gathering, "Wild Dreaming and Other Shaman Delights," May 12-15, 2005. Please go to www.lynnandrews.com and follow the links to receive more information about this magical event and to learn how to register. I look forward to joining with you there. We are living in a critical period of time - one of great change and opportunity. It is vital that we recognize the energies dancing around us. Patriarchal energy has held power for thousands of years and is desperately out of balance with the feminine. As with all things on Mother Earth, we must return to a state of balance. The possibility of creating a world of peace and moving into the time is upon us.

Lynn Andrews