

Spring 2005 Seasonal Message #5:

Finding Your Power Center

Everyone grows differently. No two flowers are the same, but they can grow in the same garden. (Jose Gutierrez, from Jaguar Woman)

When I was given the teachings of la Ultima Madre, I went through some real confusion. I am a rainbow woman. I had been married to a nurturing man, and we had fought incessantly. If we went for a day in the country, I brought ample art supplies for both of us to use and enjoy; he was infuriated that I didn't bring food. And this scenario repeated itself over and over again in our relationship.

I remember telling Agnes Whistling Elk that I now understood why our marriage had not worked, that a nurturing husband and an ecstatic wife could never make it.

Agnes's response was, "Sometimes that makes for a very good marriage, if each appreciates the other's needs." And she explained to me that certain rainbow men and women live in chaos because they are always in the dream state. If they marry a nurturing type person, the nurturing partner is fulfilled by taking care of the rainbow partner, and it is wonderful for both of them.

I countered by saying that the nurturing person likes to know what you are doing all of the time. And for a rainbow person to be pinned down, "well, I can't even think that way." I didn't see how the nurturing person and the rainbow person could ever communicate, and as a rainbow woman I knew that the rainbow person wants to communicate with the person she loves more than anything in the world.

To that, Agnes said, "If two rainbow people get together, they may forget to eat. They can starve to death, lost in their own chaos. To make a marriage work they have to become practical."

On the other hand, Agnes said, "If a rainbow person is deeply committed to work, and she finds a nurturing partner to look after her, then it's superior as long as the nurturing partner does not try to control and nail the rainbow partner's feet to the ground. Each has to see they are very different in their vision of the world, and then work with that."

I remember talking with Zoila about her relationship with her husband, Jose. They often spent very long periods of time apart from one another because both were healers with vast stores of knowledge and widespread recognition and both were often needed in different parts of the country. And I was curious how that worked for them.

Zoila said to me, "When people marry, they usually begin to live each other's lives. At that point the reason for living is buried forever." She said that both she and Jose need freedom to grow, and so they are apart a great deal of time. For them it works because both are very rainbow. "We live for the most part in unknown worlds. If I lived with the desire to always hold up the clock, I would have to honor the difference between us and let him be. I would have to learn to love him unconditionally. That's not the easiest thing for nurturing mothers to do. They tie a lot of strings on their love."

And then she explained to me again the importance of understanding the translation of Mother Earth's energy and also about the female energy and how it reveals itself in a person. "When we understand the great mothers in us, we can live in harmony and help fulfill each other's destinies."

We all have relationships in our lives, and we all have intimate relationships. Many of us marry, often more than once; others live together as if we are married. Many of us have children. And so much of our time and energy is spent trying to untangle our tangled relationships, trying to wade through our anger and our fears when our relationships are less than perfect, recovering from a broken heart if the relationship fails.

The next time you find yourself enmeshed in relationship problems, relationships of any sort whether they be between lovers, between partners, between parent and child, relationships in the workplace, step back a few paces and try to ascertain what the mother energies are that are at work here. If you can understand your true nature, you will be so much better able to voice your needs and concerns in the world, to make yourself understood. And if you can understand the nature of your partner in the relationship, can you just imagine the gifts of understanding and guidance that you are capable of bringing into the relationship! You can do it. Everything you need is here. The things you need are always there; you need to be smart enough to find them.

If you can place yourself between these mother energies and mediate their attractions, you will have great influence in your world. But always remember to honor the dark side, the Crazy Woman or Death Mother energies, for the lessons they bring to you. To balance your dark side with your beauty brings you to power.

And if you are being true to yourself and living with integrity of purpose, and the relationship fails anyway, know always that Great Spirit loves you. Grief deepens us. It allows us to explore the perimeters of our soul. Grief is the only gateway to certain levels of consciousness, even though it is a hard taskmaster. The seeds of wisdom and enlightenment are planted within the wounds of grief. What is lost can only come back to us again in higher ways. Essential life and love can never leave you, because you are that.

In Love and Spirit,

Lynn Andrews

Don't forget to register now for my 2005 Joshua Tree Gathering, Wild Dreaming and Other Shaman Delights, May 12-15, 2005. Please go to www.lynnandrews.com and follow the links to receive more information about this magical event and to learn how to register.

"A person of power attains their goal and remains whole as a person. To truly have power, you must first love yourself."

Lynn Andrews