

Spring 2005 Seasonal Message #4:

Finding Your Power Center

The earth is female. And on this beautiful goddess planet, there are two very distinct kinds of female energy, each with its opposite face. Altogether these four faces of female energy make up the four hoops of energy that are la Ultima Madre, which translates into English as “the Final Mother.”

If you are to live a life of centeredness and balance, if you are to walk in power, it is important for you to know and understand these four hoops of energy; it is important to know and understand how they work within you, how they work in the world around you.

“You must realize la Ultima Madre,” Zoila said to me, “realize who you are, and become who you are.” In ancient times, Zoila told me, there was a ceremony that was done by the great priestesses “for the benefit of all pregnant women and initiates. It was to teach them of themselves and their future children. After their initiation as la Ultima Madre, they knew who they were for the first time. They knew why they behaved in a certain manner.”

The teaching of la Ultima Madre is magnificent and of such major import that in my Mystery School we spend a great deal of time understanding and working with these Mother Energies. Throughout my book Jaguar Woman, my teachers spoke to me of many aspects of these Energies, often in very specific relationship to my own personal path. It is not possible for me to give you an intimate look into the Mother Energies in these Messages, but it is important for you to become familiar with them so that you can begin to understand how they affect you and the impact they have on your life.

The two kinds of female energy about which I am speaking are called the “ecstatic Rainbow Mother” and the “nurturing Great Mother,” and each of these two Mother energies has her opposite face. On the opposite end of the arrow from Rainbow Mother is Crazy Woman, Rainbow Mother’s dark side. And on the opposite end of the arrow of Great Nurturing Mother is Death Mother, her dark side.

The ecstatic Rainbow Mother is the energy of the poet, the dancer, the weaver and the Seer. Artists are intimate with Rainbow Mother, for she is their muse. And she is completely misunderstood in our society, a world that does not support its artists, its writers and thinkers. She wants to dream and inspire people to health and well-being, and routine wilts her. Rainbow Mother is usually seen as a misfit, a person on the fringes, so if you have always felt that you just don’t quite ‘fit in,’ you might take a look at Rainbow Mother as she was presented to me in Jaguar Woman, and apply what you learn to the mirrors of your own life. Rainbow Mothers often live in chaos because they are always in the dream state. They become frustrated, unfulfilled, perhaps even alcoholic or drug addicted because of the expectations of others, because they are afraid of living life fully as their beautiful Rainbow selves.

Rainbow Mother’s opposite energy is Crazy Woman, the “goddess of death.” But Crazy Woman does not really wish to kill you. She wishes to maim your talents and paralyze your ability; she wishes to strip you of all your sacredness. She pulls your sanity and tests you, trying to lure you away from your center. Men have these energies also, these hoops of power. Where does the madman come from, but from Crazy Woman? Take a very close look at yourself when you are in the midst of chaos and confusion and see what the energy is that is driving you. Then you will know what you need to do to re-right yourself and recover your balance. We all have a dark side; never forget that it is the darkness

which defines the light. So if you feel Crazy Woman pulling at your sanity, sit down and write a poem, bring bright colors and beautiful scents into your environment, and light a candle on your altar to Crazy Woman to honor her for what she is trying to teach you about yourself, about honoring your own very special light.

Great Nurturing Mother is known as the “grandmother of the gods.” She is the bearer of fruits and grains, the one who suckles the cornhusk baby, loves routine, gets married, raises her children and is a pillar of society. She is the great powerful mother of this earth, because without her we would not have families, we would not grow corn, we would have absolute chaos. She is the authoritative nurturer who sets her life by schedules and known things. And she is the one who is accepted by our society. On the other hand, Great Nurturing Mother likes to know what you’re doing all of the time, likes to know that you’re going to be home at five-thirty for dinner. So if you place great expectations on the world around you, which Nurturing Mother often does, you might want to hold her up as a mirror during those many times when life seems to disappoint you so much. Great Nurturing Mother may be a pillar of society, but when she reaches midlife and finds that her children are grown and there is no one left to nurture, then her opposite energy, Death Mother, comes close and tries to take her away.

Her opposite face is Death Mother, so called because she can be the instrument of your death. If you choose not to look at Death Mother or Crazy Woman and honor their power, they can easily overpower you. Then you will be consumed by madness, depression or even death.

“As in all things,” Zoila explained to me, “there is great danger. If you falter and don’t honor Crazy Woman, she might get a hold on you and destroy you. When women understand their Ultima Madre, they can build altars and fetishes of these powers. When they feel the influence of Crazy Woman or the Death Mother, in the form of depression or gloom, they can light candles and burn copal and honor her great power, the dark side. You see, her intent only defines your goodness and beauty. By honoring the dark side, you destroy her power over you. Then she can’t take you.”

In Love and Spirit,

Lynn V. Andrews

Don’t forget to register now for my 2005 Joshua Tree Gathering, “Wild Dreaming and Other Shaman Delights, “ May 12-15, 2005! Please go to www.joshuatreegathering.com to receive more information about this magical event and find out how to register.