

Fall 2005 Seasonal Message #1: A Season of Reckoning

*Fall is a season of reckoning, a time when all that you have sown
and all that has blossomed is now to be reaped.
It is a time of gathering, a time of great beauty,
and a time of change and letting go.
So often we are terrified of change,
not only because of the mystery of the unknown
but because change implies letting go of what we do not know
and what we have always held as a kind of security in our lives.
Even bad habits can provide a kind of security.*

Lynn Andrews, **Walk in Spirit: Prayers for the Seasons of Life**

Dear Friends,

What do I mean when I say, “a season of reckoning?” You work so hard for personal healing on your pathway towards enlightenment. You learn to face your fears and then you work on letting them go; you learn what your addictions are, not just to alcohol or drugs but also to envy, depression, anger and certainly to fear, and then you learn how to let these addictions go. Each step on the pathway toward enlightenment usually seems to be a very hard-earned step forward.

But so often we forget that we must also reap what we deserve, what is ours. We give up the opportunities that have come to us through all of our work because we do not reap the abundance of the universe that is meant for us. And then we end up back in our own stew, wondering what we did wrong, why the universe is being so stubborn with us?

It's not that the universe is being stubborn. It is because so often we have taken no time for ourselves, no time to appreciate the glory of a beautiful day, the lushness and abundance of nature wherever we are, the beautiful laughter of children, the sage wisdom of our elders. We have taken no time to be grateful for or to even really acknowledge all of the things that are right and beautiful in our lives. In short, it is that we, ourselves, are completely and totally out of the present moment, anguishing over what went on yesterday or last month or even decades ago, and fearing what is to come. And so we do not even notice when the opportunities of today present themselves to us.

Fall is a time for taking stock. It is the time to pull in all of your energies and thoughts that have been scattered outward throughout the year. It is then that you can really look at what it is that is no longer essential to your life process, and what it is that truly promotes harmony and the spirit of abundance in your life.

Fall is the time to pray for understanding and the strength to reap what serves you and discard what holds you back from your enlightenment and your true power in the world.

In Spirit,
Lynn Andrews

Upcoming Online Course: The Four Directions of Relationships

We are enrolling now for my Online Course, **TEACHINGS OF THE SHIELDS: The Four Directions of Relationships, October 26 – November 23, 2005.**

Relationships are among the most important aspects of our lives, and we usually spend a great deal of time trying to fix them or change them, trying to “heal” them so that they are comfortable for us. We live in the world of symbols, through our language, through art, photographs and music. Our communication is based on how we perceive the symbols that are presented to us. We tell people in the world who we are by the way we dress, by our actions, the way we speak, the tone of our voice. Relationships are all about communication, and true communication is found in the interaction between symbols, in the way they balance between spirit and the physical conditioning in our society.

TEACHINGS OF THE SHIELDS: The Four Directions of Relationships is about symbols, relationships, and your connections with reality and how you deal with them. You create symbols for each of your relationships that are placed on your Shields of Spirit. These Spirit Shields become like a spirit form that spins with you from lifetime to lifetime. They hold the mark of your experience. They represent your beauty and your truth.

The **Teachings of the Shields** are about relationships and the creative force you present to the world. Behind that force are your relationships. **The Four Directions of Relationships** are at the core of your personal Spirit Shield and the core of your own happiness. I want to teach you this important art of relationships and shields for your modern day life.

Please go to my website at www.lynnandrews.com to learn more about these important teachings and to register for this very special Course. I look forward to welcoming you on October 26, and to working with you!