

# Lynn Andrews' Graduate Directory



## **Sandra McTeague**

### **Contact**

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## **Background**

As a graduate of the Lynn Andrews Center for Sacred Arts and Training, an Ordained Minister, a bodyworker, a traveler, a sailor, a storyteller, and an artist, I follow the Path of Heart.

In my ministry, I create a safe environment for one to melt away barriers and open to one's true path of Heart. I am able encourage one to dive into the magic, joy, and beauty of life. By traversing new landscapes, new thoughts, new ideas, one has the potential to know their personal truth and claim it.

I am available for one-on-one phone experiences, physical experiences, and long distant healings.

## **Interests**

Student of Donna Eden energy medicine and Cyndi Dale Energy Therapies, herbal medicine and plant healing from many indigenous persuasions, healing through nutrition and nutritional counseling. writing of teaching stories-meditations for personal growth. Belly dance.

## **Credentials**

Florida State Licensed Massage Therapist, graduate of Educating Hands School of Massage, trained in craniosacral therapy, myofascial release, Mayan abdominal technique, Reiki Master and Instructor, the Anatomy of Movement.