

# Lynn Andrews' Graduate Directory



## Julie McColly Hill

Artist | Community Advocate | Holistic Practitioner

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### Background

As a certified creative aging teaching artist and seasoned life enrichment director, I built a 30-year career cultivating imagination and promoting arts engagement as a wellness initiative. Today, as I move into the second half of my life, at the age of 60, I walk my talk by living an art filled life dedicated to lifelong learning and community service. Although I consider myself to be a jack of all trades type artist, my core creative interest is painting.

### Individual Philosophy

I liken my path to that of the ancestors, the hunters, and the gatherers. Stalking wisdom is my passion, circle gatherings—my craft. I believe that living well and aging well is a conscious pursuit of balancing the physical, mental, social, and spiritual domains of being. This is the lens from which I create. My mission is to assist in the awakening of humanity to the awareness that we are all connected by one source energy fueled by love and light.

I host small group gatherings at my woodland garden retreat in Indianapolis where I live with my husband Ted. Gatherings are customized to fit the age, ability, and interest of the group and often feature a visiting artist or alternative healing practitioner. I also teach a routine meditation practice at various locations in my community. This meditation practice is suitable for people of all ages and

perfect for beginners as it was designed specifically to be an introductory experience to the mind, body, spirit connection.

## **Credentials**

- M.S. Recreation Administration with a focus in gerontology, Indiana University
- B.A. Studio Fine Arts, Indiana University
- Ordained Minister, International Assembly of Spiritual Healers and Earth Stewards and Universal Life Church, Seattle, WA.
- Graduate, Mentor, Continuing Education Student, Lynn Andrews Center for Sacred Arts and Training
- Certified Teaching Artist, Center for Creative Aging, Washington D.C.
- Certified Introspective Hypnosis Practitioner, Sangio Hypnosis Solutions, LLC, North Carolina, USA
- Certified Okazaki Restoration Therapist, Kodenkan School of Oriental Medicine, California/Hawaii