

Lynn Andrews' Directory of Ministers



Rev. Theresa Floyd

Akashic Records Consultant, Tai Chi Instructor

Minister of Sacred Arts, Earth Steward, and Spiritual Healer

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Essence - Life is a series of rich movements, which unfold in beauty.

What I do

Ta'i Chi Chuan and Qigong - Ta'i Chi Chuan and Qigong (chee-gung) are ancient energy practices, which create a moving balance within the mind, body, and spirit. Energy pathways are opened through physical movement, complete breathing, and relaxed focus. These practices can be used as:

A moving meditation,

A way to invigorate and de-stress the body, or

A way to explore who we are and what is happening in our life.

The environment for classes and individual training is relaxed and personal.

Akashic Records Consultations

The Akashic Records are the individual records of a soul from the time it leaves its point of origin until its return. At the time we make the decision to experience life as an independent soul, there is a field of energy created to record every thought, word, emotion, and action generated by that experience. That field of energy is the Akashic Records.

An Akashic Records consultation consists of opening up the Records of your soul, with your permission, through a sacred prayer, and allowing the information from this profound and sacred spiritual level to come forward. I open myself to the information available from your Records and I allow myself to receive and say that which comes directly to me. Take time to reflect on areas of your life in which you desire more clarity. We will work with your questions. Know that the

information will be delivered with love and honor.

Other Interesting Stuff

- Regular ceremonial gatherings
- Healing sessions through the laying on of hands, prayer, and ceremony
- Dream play and astral body exercises
- Heart Magic
- Speaking and listening from the heart
- Heart to heart connections
- Exploring the magic of words and sound
- Ongoing practice and exploration through Yang and Taoist style taiji chuan

Credentials

- Reiki master: Violet Flame & Usui
- Trained akashic records consultant: Akashic Record Consultants International
- Black belt in taiji chuan - yang style: Tom Gohring School of Tai Chi
- Shamanic tools and techniques: Lynn Andrews Center for Sacred Arts and Training
- Bachelor of Arts, Computer Science: University of Texas in Austin
- Owner of Southern Sol-Air Power, Inc., a solar electric and solar oven company
- Trained teamwork facilitator and business analyst: IBM
- Various classes in heart to heart connections, and esoteric healing through the deep heart
- Years of meditation, manifesting, dream work, observation, and energy body/ chakra exploration